Nankana Sahib Public School, Gill Park Ludhiana

NEWSLETTER

Edition / October-December(2025-26)
(Issue: 10/2023/2025)

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From the pen of Editor ...

With new hopes, aspirations and zeal we all have already entered in 2026. We all have a reason to feel excited with our ultimate aim in mind and plans to achieve that in our kitty.

Under academic pressure everyone feels workaholic, but proper time management and utilisation of time makes it enjoyable and rewarding. Regularity and punctuality are the need of hour and everything is possible .

Nelson Mandela said very well , "It always seems impossible until it's done."

So let's join hands together to touch new heights.

Wishing you all a very happy and prosperous new year ahead.

Pavneet Kaur

Editor - in - charge

October

Investiture ceremony- 2025-26

09/10/2025

Nankana Sahib Public School Gill Park organized investiture ceremony of senior wing for the current academic session. It was the most awaited event of the school where the deserving and talented students were bestowed with the responsibility of leading their school from the front with commitment, confidence & competence. The newly elected council was awarded with badges & sashes. Beerinder Singh was bestowed as the Head Boy & Ishmeet Singh as Vice Head boy. Manjot Kaur as Head Girl and Geetika Patial was bestowed as the Vice Head Girl of the newly elected Student Council.

Besides this Davinder Singh was decorated with badge of Discipline Incharge and Gurashish Singh as Vice Discipline Incharge for boys. However Armeet Kaur declared as Discipline Incharge and Parineet Kaur as Vice Discipline Incharge. The post of Language Head of Boys was given to Arnav Verma and Mehakdeep Kaur elected as Language Head of girls.

However Armaan Sharma was given the badge of Sports Captain and Sahibveer Singh elecete as Vice Sports Captain of boys. For girls Sports Captain it is Arshpreet Kaur of XII Commerce stream and for the post of Vice Sports Captain Arshpreet Kaur from Arts stream was selected. The student council took a formal oath to live up to the expectations & work with sincerity & efficiency. Addressing the newly elected Student Council the school Principal Mrs Harmeet Kaur Waraich motivated students to lead with integrity, honesty, compassion, and team work. She congratulated the council members and emphasized the importance of leadership, discipline, and compassion in shaping the personality. The ceremony concluded with National Anthem .

NSPS Lifts the Crown of Folk Dance Glory!

09/10/2025

The spirited Bhangra team of Nankana Sahib Public School, Gill Park, Ludhiana, has made the school proud by securing the First Prize in the LSSC Group Folk Dance Competition held at Shri Harkrishan Sahib Senior Secondary School, Daba Road, Ludhiana. The event was organised by the Ludhiana Sahodaya Schools Complex and witnessed enthusiastic participation from nearly 30 reputed schools across the district.

With unmatched energy, rhythm, and coordination, the talented NSPS boys — Gurashish Singh, Jaspinder Singh, Jatinpreet Singh, Prabhjot Singh, Tanveer Singh, Ratanroop Singh, Guvir Singh, and Varinder Singh — showcased the true spirit of Punjab through their vibrant and powerful Bhangra performance.

The school Principal Mrs. Harmeet Kaur Waraich congratulated the entire team and their mentors for their remarkable achievement. She said, “Our students have once again proven that determination and passion can turn every performance into perfection.

NSPS student got third prize in Dastar competition

10/10/2025

It is a matter of great pride that a class X student of Nankana Sahib Public School Gill Park succeeded in clinching third prize in Dastar competition.

Jashanpreet Singh Dhillon a student of class won third prize out of 60 participants who participated in dastar competition.

It was organized at Gurudwara Shri Guru Singh Sabha Sahib Park Avenue , Dugri. It was organized by Gurmat Gyan Missionary college Punjabi Bagh Jawadhi.

NSPS athlete selected for state tourney

13/10/2025

Ram Dayal, a student of Class +2 Arts at Nankana Sahib Public School, showcased an outstanding performance at the District Level Tournament held at Guru Nanak Stadium. He won a silver medal in the 400 m hurdle race and also secured the second position in the 4×100 m relay race. His remarkable achievement has earned him selection for the state level tournament.

Investiture ceremony of Primary Wing

14/10/2025

Nankana Sahib Public School Gill Park organized investiture ceremony of Primary Wing of the school. The elected members of Student Council were given the responsibility by awarding them sashes.

Saheb Singh Soora was elected as a Head Boy and Amyra Sohal as Head Girl of the Primary Wing. However captain, Vice captain and prefects of all the four houses of the school were also conferred with sashes.

The school Principal Mrs Harmeet Kaur Waraich congratulated all the elected members. She said, "School has provided platform to make students confident and inculcate managerial skills."

NSPS Shines at the 69th PSEB Primary Tournament 2025–26

14/10/2025

Nankana Sahib Public School, Gill Park, brought laurels to the institution by showcasing an outstanding performance in the 69th Punjab School Education Board Primary Tournament 2025–26 held at Sangowal. The young athletes participated with great enthusiasm and sportsmanship, achieving remarkable victories in various events.

In Kho-Kho, the Girls' team secured the First Position and bagged 12 Gold Medals, while the Boys' team stood Second, winning 12 Silver Medals. In Chess, the Girls' team dominated the event by winning 5 Gold Medals and securing the First Position, whereas the Boys' team won 6 Silver Medals and stood Second.

In the Shot Put event, Mansirat Kaur clinched the first position, Kiratleen Kaur won the Third Prize, and among boys, Kulraj Singh bagged the first position, while Divyansh secured the Second Prize.

The school also excelled in Football, with the team lifting the 12 Gold Medals,and in Tug of War, where the students emerged as Winners, proudly bringing home the Trophy.

In Athletics, Rudraveer Singh (Grade IV-A) stood First in 100m race, Mansirat Kaur (Grade V) won the Silver Medal in 200m and Bronze Medal in 600m, while both Girls' and Boys' Relay Teams achieved the Second Position.

The School Principal, Mrs. Harmeet Kaur Waraich, congratulated the young champions and expressed her pride, saying, "Our students have once again proven that with determination, discipline, and teamwork, success naturally follows."

Diwali exhibition held at NSPS

16/10/2025

With a motive of charity, Nankana Sahib Public School Gill Park organized a Diwali exhibition in the campus. The school provided the platform to deaf and dumb children for selling their handmade earthern lamps and pearl jewellery. These were prepared by students of Ambuja Manovikas Kendra being run by Ambuja Foundation, at Village Salora, Morinda Road, district Ropar. This Kendra currently has more than special Students.

The special children prepared beautiful earthern lamps with colourful silken and jute threads. The students and teachers purchased enough diyas and jewellery to support these intellectually disabled children.

Eco-Fashion Fiesta at NSPS

23/10/2025

Nankana Sahib Public School organized an Eco-Fashion Fiesta, where students showcased their creativity by walking the ramp in stylish outfits made from newspapers, plastics,leaves and old clothes. The event aimed to raise awareness about recycling and the importance of adopting eco-friendly habits while celebrating fashion with a purpose.

Students actively participated by not only presenting their innovative outfits but also speaking on topics such as “The Importance of Recycling,” and “Sustainable Fashion Choices.” Their confident presentations and ramp walk reflected both creativity and environmental consciousness.

NSPS students stood 2nd runner up in BCM Techno Fest

23/10/2025

Proving their sharp and ignited minds once again the students of Nankana Sahib Public School Gill Park succeeded in bagging second position in the Techno Fest held at BCM School Sector 32, Chandigarh Road. Agrim and Manmeet Kaur, both students of Plus One commerce, participated in it. In the Technopreneurship Challenge, they presented the idea of solar skin which was appreciated a lot. They bagged 2nd runner up position in this competition and gained huge applause for their Innovative business idea. Appreciating the achievement of students the school Principal Mrs Harmeet Kaur Waraich said," Ideation and planning always help to achieve practical results. I congratulate the students and teachers behind them."

NSPS Team among top 7 in CBSE National Basketball Tournament

23/10/2025

The talented basketball players of Nankana Sahib Public School Gill Park remained among the top seven in the recently held National Level Basketball Tournament at Rajnandgaon, Chhattisgarh. A total of 24 teams participated in the event, and the NSPS team secured a place among the top seven teams in the U-19 category. The players showcased commendable skill and teamwork in the tournament.

The team members included Armaan Sharma , Prabhjot Singh , another player also named Prabhjot Singh, Dhanraj Sharma , Jatin Kumar, Udayveer Singh Mangat , Manmeet Singh, Vivek Gupta , Eknoor Singh , and Harnamanpreet Singh.

The School Principal, Mrs. Harmeet Kaur Waraich, appreciated the efforts of the players and teacher behind them. She said, “Participation at the national level is itself a matter of great pride. Our students have displayed true sportsmanship, dedication, and determination.”

NSPS Shines at Primary Block Level Tournament

30/10/2025

Students of Nankana Sahib Public School, Gill Park, Ludhiana brought laurels to the institution by showcasing remarkable talent and sportsmanship at the Primary Block Level Tournament organised by PSEB at Government Senior Secondary School.

In Badminton, both boys and girls teams of the school made a clean sweep by securing first position while displaying excellent coordination and skill. The boys team of badminton included Amanjot Singh, Ajit Singh,Eknoor Singh, Guransh Verma and Gurnoor. In Girls team included Divroop Kaur, Tarnveer Kaur, Gursahib Kaur, Rabia Kaur and Pawandeep Kaur.

In Chess both the boys as well as the girls team succeeded in winning third position. The girls team included Mansirat Kaur, Amritpal Kaur, Harsirat Kaur, Ishleen Kaur and Shabadreet Kaur. However the boys team of chess included Avijot Suman, Eknoor Singh, and Harnihal Singh.

The players of football team of boys also showcased great teamwork and spirit by achieving third place in football and in the Tug of War. Adding to the glory, Rudraveer Singh of Class IV sprinted his way to success by securing second position in the 100m race.

The school Principal, Mrs. Harmeet Kaur Waraich, congratulated all the winners and teachers behind them saying, “Our young champions have proved that hard work, discipline, and determination are the true keys to success. Their outstanding performance reflects the spirit of teamwork, perseverance, and the strong sporting culture of NSPS".

NSPS Shines at Apex- Inter school competition

31/10/2025

Enthralling the audience in jam packed auditorium the bhangra team of Nankana Sahib Public School succeeded in clinching first position in folk dance at Apex -an Interschool competition organized by Guru Nanak Dev Engineering College. Competing against 16 teams of different schools, the team of won first position while showcasing their dancing skills. The team included Gurashish Singh, Prabhjot Singh, Tanveer Singh, Jatinpreet Singh, Ratanroop Singh , Gurvir Singh, Jasmeet Singh and Varinder Singh.

However in another competition i.e. Numerological Aptitude, Gurmanjit Singh of XII Non medical scored third position.

November

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30						

NSPS team won bronze in LSSC football tourney

10/11/2025

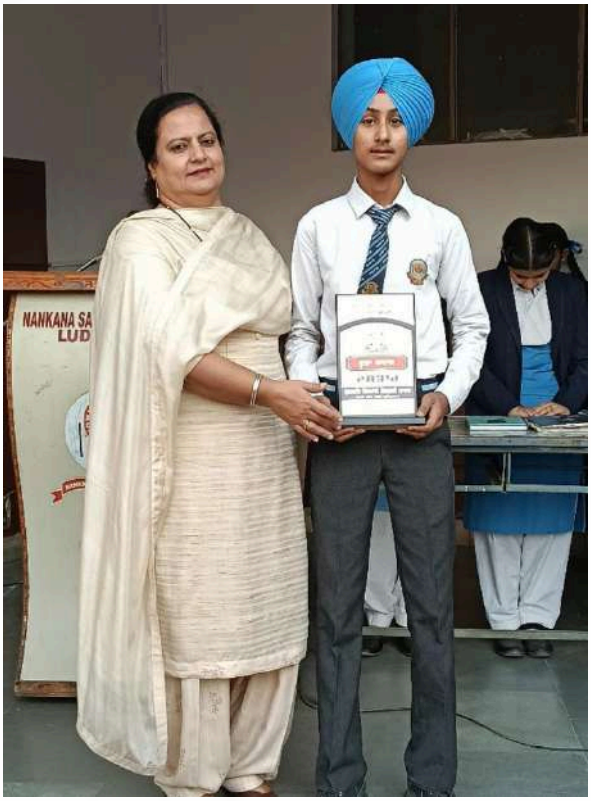
It is a matter of immense pride that the Under-19 Boys team of Nankana Sahib Public School Gill Park succeeded in winning third position in the recently held football tournament of Ludhiana Sahodaya Schools Complex.

The Under-19 team of the school won a bronze medal amongst 22 teams of different schools who participated. The tournament was held at Guru Nanak Dev Public School, Sarabha Nagar.

The school Principal Mrs Harmeet Kaur Waraich congratulated the winners and the teacher behind this achievement. She said, "Excellence always comes through regular practice and determination."

NSPS student second in Turban Tying

11/11/2025



Jasanpreet Singh, class X student of Nankana Sahib Public School brought laurels to the institution by winning second position in the state level competition of Turban Tying. It was organized by Gurmat Gyan Missionary College Punjabi Bagh,Jawaddi. Students from different districts of Punjab participated in it with enthusiasm.

The participants who participated were from age of 12 to 18 years. The school Principal Mrs Harmeet Kaur Waraich congratulated the winning student. She motivated him to follow the rich values of Sikhism.

NSPS organized career Counseling seminar

11/11/2025

To provide guidance and support to XII students for exploring their career options, a seminar was organized on Career Counselling at Nankana Sahib Public School Gill Park.

Sardar Rajinder Singh Co-Founder Career Compass and Mr Amit Kumar Director Career Compass and Lecturer Wellness and Health Educator were the resource persons. Addressing the jam packed hall of students, Mr Amit Kumar, a great visionary with a dynamic experience in education and Wellness said, "This is the high time when you should start making your mind for choosing the career of your choice. Think, Plan and follow the right path where you can excel."

He was followed by Sardar Rajinder Singh, an education strategist, career mentor and social entrepreneur who has a deep expertise in counseling, professional development and career guidance. Recognized for his services as a counselor in Plaksha University Sardar Rajinder Singh said, "There are so many fields other than medical, Non-Medical and commerce where opportunities are waiting for you. There are more than 500 careers in the Arts stream.Any arts student can go to IIT by doing courses like Bachelor of Data Science. Commerce students can do the certification course of ACCA which costs only rupees 2 lakh and has a value in 180 countries and provides you opportunity in 9 different fields. "

He exhorted students to recognize their basic interest and follow their career in that field. He explained about 15 different courses where there is a big opportunity to earn name and fame. He said, "Don't run in the rat race. Identify your talent and excel." The resource persons provided valuable insights and tips to students to navigate their career.

Thanking both the resource persons the school Principal Mrs Harmeet Kaur Waraich said, "This seminar was the need of the hour as the students are at a very crucial stage of their life as after a few months they will have to opt their career. Your thought provoking lecture and tips provided to students will definitely help students to choose their career. "

48th Annual Athletic Meet of K.G. Section

12/11/2025

Three days long 48th annual athletic meet of Nankana Sahib Public School, Gill Park kicked off here today with the athletic events of Kindergarten Wing. The chief guest of the day was Mr Vishwajit Singh Sidhu, Civil Servant of Revenue Department (Tehsildar) Amritsar and Mr Satbir Singh Chartered Accountant was the guest of honour.They were given guard of honour by NCC Cadets of the school. It needs to be mentioned here that both guests were the alumni of the school.

The chief guest hoisted the school flag and declared the athletic meet open amidst thunderous applause by releasing balloons tied with school insignia in the air. Reflecting their discipline NCC Cadets, NSS contingent , school band and Student Council performed march past.

The school Head boy and Head Girl took the oath. The tiny-tots of Kindergarten Wing welcomed all through a scintillating dance performance. Addressing the gathering the city coordinator of CBSE and School Principal Mrs. Harmeet Kaur Waraich shared the sports achievements of the students. Addressing the august gathering the chief guest Mr Vishwajit Singh Sidhu said,"I congratulate all for today's sports event. Be thankful to the Almighty for everything you get in life. The school has progressed by leaps and bounds under the able guidance of the school Principal Mrs Harmeet Kaur Waraich. May Guru Nanak Dev ji enlighten the path of wisdom for all."

Appreciating the efforts of the school, Mr Satbir Singh Chartered Accountant, went down the memory lane while addressing the gathering. He said,"This event brought a lot of nostalgia for me. Students should give their hundred percent. I strongly believe that students of this school are capable of achieving many things."Gatka and Yoga reflected synchronized performance of students .

Sardar Hardip Singh Kahlon Principal Nankana Sahib Public School, Khasi Kalan, Dr Hardeep Singh Jawanda Head of Computer Science department of Guru Nanak Dev Polytechnic College and Mrs Jasmeen Kaur Primary Incharge of Nankana Sahib Public School Gill Park marked the occasion. On the first day, about 800 tiny-tots of the Kindergarten section participated in 74 different events. These included Singh is King race, Catch the fish race, Chairman Race, Thomas and friends race, Balloon Burst Race, Pick the ball and drop Race, Save Environment, Pass the baton, Back Race, Alphabet game, Hidden Treasure, Letter to Father and Bunny Race etc.

48th Annual Athletic Meet of Primary Section

13/11/2025

Continuing the resonance and camaraderie the athletic events of Primary Wing were organized on the second day of 48th annual athletic meet of Nankana Sahib Public School Gill Park.

Sardar Tara Singh Gill Member of Nankana Sahib Education Trust and member of School Managing Committee was the chief guest. Dr Saravpreet Singh Medical Officer PCMS - 1 who is also an alumnus of the school was the guest of honour. Sardar Mahesh Inder Singh Grewal former Cabinet Minister and member of School Managing Committee, Dr Sehajpal Singh Principal Guru Nanak Dev Engineering College, Sardar Baljit Singh Gill Sarpanch of Gill Village, Sardar Gurcharan Singh Grewal and Sardar Gurpreet Singh all members of Nankana Sahib Education Trust were among dignitaries who graced the occasion.

They were given guard of honour by NCC Cadets of the school. Addressing the august gathering the city Coordinator and Principal of Nankana Sahib Public School Gill Park Mrs Harmeet Kaur Waraich paid tributes to Yuvraj Sharma, a XI -Arts student of the school who died in an accident last night. Mrs Waraich emphasized parents to stay in touch with their children so that they may not conceal anything from parents. She read the annual sports report of the school and highlighted the achievements of the students. She thanked members of the School Managing Committee and Nankana Sahib Education Trust for helping the school to grow by leaps and bounds.

While addressing the gathering Dr Sehajpal Singh said, "Today is your day. Through your sports skills you polish your personality. The students have excelled in different sports at different levels. " Endorsing the viewpoint of Mrs Waraich, Dr Sehajpal said, "Parents and teachers have a very crucial role in shaping up the life of students. Parents should give good guidance to their kids."

Dr Saravpreet Singh said,"I felt so good after visiting my alma mater.The school played a big role in my life. Life threw challenges to me but I could overcome all with the potential which was polished during my school days here. " He exhorted students to stay disciplined and follow their mentors. He asked students to be curious and ask questions as curiosity builds intelligence. He said, "Never look back in life but Keep marching forward despite all odds. All the teachers are silent architectures of students which they realise later in life. " He asked parents to allow their children to explore more. He said, " Let children discover their own self by supporting them but not by pressuring them."

The second day's events commenced with recitation of shabad. It was followed by floral welcome to all the dignitaries by the school Head boy and Head Girl. The chief guest took the salute from School scouts and guides along with march past of all the four houses of the school. The Proctorial Board of Primary Wing took the oath of sportsmanship, pledging to uphold the values of fair play and teamwork throughout the events to keep up the glory of the school.

The spectacular array of PT Show, yoga and gatka kept everyone glued to seats. As many as 1200 students participated in 76 different events. The results of different athletic events are as follows:

Viaduct Channel (Boys) 2nd B : Deleshinder Singh , Aditya Singh and Taranjot stood first, second and third respectively.

Plant More Trees: Prabhleen Kaur , Sanvi and Gurnaz Kaur remained first, second and third respectively.

Ball Balancing with head(Boys) Both Ekamnoor Singh Gill and Rajveer Singh remained first. Karamvir Singh and Sahibjot Singh scored second place Karanveer Singh and Gurfateh Singh succeeded in getting third position.

Collecting objects (Girls) Ravneet Kaur 1, Ishmeet Kaur 2 and Harnoor Kaur 3.

48th Annual Athletic Meet of Senior Section

14/11/2025

Three days long 48th annual athletic meet of Nankana Sahib Public School Gill Park Ludhiana concluded today. Sardar Hardeep Singh Grewal Hockey Olympian was the chief guest of the day. However Dr Simranpreet Singh Medical Officer of Guru Teg Bahadur Hospital, who is also an alumni of the school was the guest of honour. His father Sardar Balwinder Singh who retired from Punjab State Power Corporation Limited also accompanied him.

The illustrious guests were given guard of honour by NCC Cadets of the school. To invoke the blessings of Almighty the school choir recited shabad . It was followed by synchronized March Past by the School Scouts and guides, NCC Contingent, NSS contingent, Students Council and all the four Houses of the school including Sahibzada Zorawar Singh, Sahibzada Fateh Singh, Sahibzada Ajit Singh and Sahibzada Jujhar Singh House. Earlier the school Head Boy of senior Wing Beerinder Singh and Head Girl Manjot Kaur accorded the floral welcome to the chief guest. The School Head Girl in the presence of illustrious guests and the school Principal Mrs Harmeet Kaur Waraich administered the oath to the athletes. The dignitaries hoisted the school flag. The most solemn part of the ceremony was the relay of the torch by the school's sports persons and the athletes.

Addressing the august gathering of students, teachers and parents, the School Principal Mrs. Harmeet Kaur Waraich shared sports achievements of the students in the year 2025-2026. Mrs Waraich advised parents to send their children in playground. She said,"Our school grounds are open for all students and fathers should also accompany them. Do not neglect children at this crucial time. Have faith on their kids. Do not allure kids with materialistic things. " She asked the parents to keep their children under control to avoid any untoward incident. It is the food for thought for parents."

Addressing the gathering the chief guest Sardar Hardeep Singh Indian Field Hockey Player , who played in Indian Hockey team in 1984 Olympics held at Los Angeles said, "Parents should ensure that children should encourage students for sports. Tuition culture is being encouraged instead of sports culture. The smart phones are a big hassle for all students now. "

Citing an example of an Australian cricketer who is also a Hockey player and Member Parliament, the Olympian said,"Do not upbring your children in pampered way. I am very happy to see a big ground in the school campus. In Canada and USA, Parents encourage sports but in India we lack this culture . Hard work always pays back. Sportspersons also get good jobs . Parents should not interfere when teachers rebuke their kids for improving them. Teachers are well wishers of your kids."

The guest of honour Dr Simranpreet Singh said,"It is like home coming for me. I wish all the best to all athletes. Parents should keep their children always attached to their mother tongue Punjabi . "

Congratulating Mrs Harmeet Kaur Waraich for inviting Hockey Olympian as chief guest and Dr Simranpreet Singh as guest of honour, Sardar Harcharan Singh Gohalwaria Former Mayor of Ludhiana and Additional Secretary of School Managing Committee said,"I congratulate school Principal for inviting these versatile personalities who motivated students. Parents should also give quality time to their kids. People in India lack Civic sense as compared to western countries. We should maintain cleanliness. We should feel honoured while using our mother tongue. We will provide best infrastructure for sports to the school."

Professor Arvind Dhingra Head of Science and Technology Enterpreur Park and Mrs Jasmeen Kaur Primary Incharge of the school were among other dignitaries.

The performance of Gatka, Ghoomar dance and Giddha were breathtaking spectacle. About 800 athletes of the Senior Wing school participated in 47 different events were separately organized for boys and girls.

The results of some events are as follows:

100 M Girls (U-19) Ishmeet Kaur 1, Shivangi Sharma 2, Sudeepti Sharma 3

100 M Boys (U-19) Gurimderjeet Singh 1, Khushpreet Singh 2, Dhanraj Sharma 3

100 M(U-14) girls: Gurleen Kaur 1, Guneet Kaur 2, Avnoor Kaur 3

100 M(U-14) boys: Anmolveer Singh 1, Japjot Singh 2, Hardik Mehra and Prabhgun both shared third position.

1500M (U-19)Boys: Hemant Verma 1, Dharmaveer Singh 2, Devendra Singh 3

400 M (U-19 Girls): Arshpreet Kaur 1, Sudeepti Sharma 2, Pawanpreet Kaur 3

100M (U-19) Boys: Ram Dayal Singh 1, Gurjot Singh 2, Shivanshu 3

Gurpurab of Shri Guru Nanak Dev Ji celebrated

15/11/2025

Gurpurab of Sri Guru Nanak Dev Ji was celebrated with great fervor, devotion and dedication at Nankana Sahib Public School, Gill Park. The religious ceremony commenced with bhog of Sri Akhand Path Sahib. It was followed by shabad-gayan.

On this occasion S. Kishan Singh Memorial Shabad Gayan Competition was organized . In this as many as 8 teams of different branches of Nankana Sahib Public School participated with religious fervour. The soulful shabad recitation filled the whole atmosphere with spiritual fervour.

There was competition among different branches of Nankana Sahib Public School namely Buddhewal, Rampur, Kot Gangu Rai, Issaru, Kalal -Majra,Samrala, Fatehgarh Jattan, and Kila Raipur.

Being the host school, Nankana Sahib Public School, Gill Park recited the shabad but did not participate in the competition. The panel of judges judged the participants. It included Mrs Baljit Kaur, Music teacher at Sacred Heart Convent Sarabha Nagar and Sardar Amarjit Singh Anand of Malwa Central College of Education .

The spiritual ambience created by the shabads transformed everyone in the meditative mood.

Sardar Mahesh Inder Singh Grewal former Cabinet Minister and member of School Managing Committee, Sardar Iqbal Singh Director Nankana Sahib Education Trust, Sardar Harcharan Singh Gohalwaria Additional Secretary School Managing Committee, Sardar Lal Singh former trustee Nankana Sahib Education Trust, Sardar Baljit Singh, Nankana Sahib Education Trustee Sardar Gurpreet Singh Gill, Namberdar Gurdial Singh, Sardar Gurpreet Singh Lakhowal, Sardar Jogeshwar Singh Mangat all members of Nankana Sahib Education Trust marked the occasion.

Principles of different branch schools including Sardar Jaswinder Singh of Rampur , Mrs Kuldeep Kaur of Fatehgarh Jattan, Mrs. Sapandeep Kaur of Kila Raipur , Mrs Amandeep Kaur Gill of Buddhewal, Mr Harpreet Singh of Kalal Majra, Mrs. Prabhjot Kaur of Kot Gangu Rai and Mr Rupinder Singh retired Principal also attended the Gurpurab celebration.

It is worth mentioning that the School Managing Committee awarded scholarships to as many as 46 students who scored 90% or above marks in class X and XII in the year 2024-2025.Each student was awarded a scholarship of rupees 5100 for their academic achievement.

However students were awarded with mementos for completing Sehaj Path along with students who won many awards in Sikh Martial Art. Addressing the gathering, the Principal of Nankana Sahib Public School Gill Park said," Today is a very pious day as we are celebrating Gurparb of Guru Nanak Dev ji. We are also commemorating 350th martyrdom day of Shri Guru Teg Bahadur ji. I request parents to bring their wards out of the world of mobile. Children copy their parents. Spend quality time with children.Stop complaining about others. As parents you have enough responsibility for your wards which you are not performing. This way one day you will lose total control on your kids. Train your children on accepting 'No' in life. They are not able to tolerate a denial.

Mrs Waraich read the academic report of the school highlighting various achievements of students. Earlier Speeches, poems and Sakhis portraying the life history of Guru Nanak Dev Ji floated the air of serenity in the whole environment. On this occasion Guru ka langar was served to one and all.

The result of Shabad Gayan Competition is as follows:

Nankana Sahib Public School Fatehgarh Jattan succeeded in scoring first position, NSPS Issaru got second and NSPS Kot Gaggu Rai remained third. However the consolation prize was shared by NSPS Kalal Majra and NSPS Samrala.

Congratulating Mrs Harmeet Kaur Waraich and the school staff, Sardar Mahesh Inder Singh Grewal said,"It is the blessings of Almighty that many students could complete Sehaj Path at this age. You all should follow the path shown by our Gurus. Their sacrifices have no parallel. "

He said that getting achievements in academics is a big thing. He emphasized students to respect their parents. He said, "Money can't buy you peace. Mobile is the biggest distraction. Stop using it for a better life." Appreciating the achievements of winners of shabad gayan competition, Sardar Harcharan Singh Gohalwaria announced a cash award to all the winning teams by Nankana Sahib Education Trust. The cash prize includes rupees 11000 , 8100, 5100 to the first, second and third team. However, a cash award of rupees 3100 will be given to each of the teams who won consolation prize.

NSPS players represented Punjab at national tournament

17/11/2025

After having won third position at 69th state level Basketball Tournament, U-19 basketball players of Nankana Sahib Public School, Gill Park have been selected for the National level tournament.

The state level tournament was held at Guru Nanak Stadium by Punjab School Education Board. As many as three players of NSPS selected for National level. These included Armaan Sharma, Prabhjot Singh and Prabhjot Singh.

The school Principal Mrs. Harmeet Kaur Waraich congratulated the team, saying that their success is a testament to their hard work, discipline, and competitive spirit.

NSPS student first in declamation

18/11/2025

Proving her oratory skills once again a budding orator of Nankana Sahib Public School Gill Park succeeded in scoring first position in the Interschool declamation contest. Namanjot Kaur, a student of class VI obtained first position in the first round of Vedic Bhashan Pratiyogita organized by Ved Parchar Mandal at BCM School, Chandigarh Road. She spoke on the topic, "Nar ho mat nirash Karo man ko."

As many as 26 schools participated in it. Appreciating the student and teacher behind her, Mrs Harmeet Kaur Waraich said, "Oratory is a skill which inculcates leadership qualities among students. I wish she may excel in all future endeavors."

Players excel in badminton tourney

20/11/2025

Badminton players of Nankana Sahib Public School Gill Park excelled in the Smash Drugs Save Life Open Cash prize badminton tournament held at Sector 38 Chandigarh . The tournament was organized by Save World Foundation.

Shristi Rana scored first position in U-11, Agamjot second in U-9, Ashish Varma and Palakjot succeeded in scoring second position in mixed Doubles. However Ashish Varma also scored third position in the Single category of Under-13.

The school Principal Mrs Harmeet Kaur Waraich congratulated the winners . She emphasized the need for regular practice to maintain their sports skills.

It needs to be mentioned here that Save World Foundation (SWF),founded by Preet Bhupinder Saini, is a public charitable trust working for social awareness and youth empowerment. Through its “Smash Drugs, Save Life” campaign against drugs, SWF is inspiring youth towards a healthy and drug free society.

CBSE Regional science exhibition 2025-26 held at NSPS

19/11/2025

Decked with a spectacular array of innovative displays and exhibits, the two days long CBSE Regional Science Exhibition2025-26 concluded at Nankana Sahib Public School Gill Park with a valedictory function. To express gratitude to the Almighty, the school choir recited shabad.

This year's theme was STEM for Viksit and Atmnirbhar Bharat. The participants participated under seven different sub themes.

The chief guest of the day was Mrs Paramjit Kaur National awardee, CBSE awardeeand President Arya Samaj Group of schools . Welcoming the chief guest and other dignitaries, City Coordinator of CBSE and Principal of Nankana Sahib Public School Gill Park Mrs Harmeet Kaur Waraich said,"All students performed so well, even I learnt from you. I request all of you to put your ideas into practical learning and share it on social media. This way you will get recognition by endless people. Mind should always be occupied as how can you improve more."

Addressing the august gathering of students, teachers and judges, Dr Paramjit Kaur said,"It is a big privilege to be here in the ocean of knowledge. I could feel the talent behind your creations and explanation. I congratulate all of you for participating in this mega event. Mentors, students and Principals of these schools did a lot of effort. Science is a joy of discovery. Keep on exploring. We truly value all participants irrespective of their selection for next level. I value it from core of my heart. I congratulate all of you and Mrs Harmeet Kaur Waraich who arranged the whole event so successfully. CBSE is obliged to you ." Sardar Harcharan Singh Gohalwaria former Mayor of Ludhiana and Additional Secretary School Managing Committee,Mr Ashish Shanwy Principal of Bal Bharti School also marked the occasion. All the judges were honoured by Sardar Harcharan Singh Gohalwaria. However Mrs Harmeet Kaur Waraich honoured chief guest Mrs Paramjit Kaur and other dignitaries. Mr Ashish Shanwy proposed vote of thanks.

The main theme of this year was STEM for Viksit and Atmnirbhar Bharat.However there were seven sub-themes.These included: Sustainable Agriculture , Waste Management and alternative to Plastics, Green Energy, Emerging Technologies, Recreational Mathematical Modellings, Health & Hygeine and Water Conservation and Management.

On day one, this mega academic event witnessed participation from 72 schools with 109 exhibits. Out of these, 56 models were shortlisted, 29 from category-1 (VI to VIII) and 27 models from category -2 (IX toXI). The panel of six judges included Dr. Gurdit Singh expert IOT, Machine Learning from Punjab Agriculture University, Dr. Saravpreet Singh Khaira expert in Medical Management, Dr. Maninder Kaur expert in Food and Processing from Punjab Agriculture University, Dr. Rajvir Kaur Sraw expert in water treatment method from Guru Nanak Dev Engineering College, Dr. Gurkirat Kaur expert in Nanotechnology PAU, Mr Sukhminder Singh expert in mathematics from GNDEC.Answering to the volley of questions from judges, the budding scientists answered very confidently reflecting clarity of scientific concepts and principles.

The best 14 exhibits were selected, seven from each of two categories. These have been sent for the CBSE National Science exhibition. The event came to an end with feet tapping bhangra.

Box: Take from Ignited minds: Having reached an innovative platform, the participants were looking very confident to explain their well worked models based on different scientific principles.

Gurmilap Singh Brar a XI Medical student from St Xavier World School, NFL township Bathinda who was there with Zero waste sustainable Agriculture said,"Its name is Aqua Helio Fusion Matrix. It is a combination of four projects including Spirilina Culture, Bio filter, Mushroom Culture, Hydroponics and Biogas. I spent about 5000 rupees and it took about 15 days to prepare it."

Explaining their model of Pyrolysis Fuel from Plastic enthusiastically Ashutosh and Rudhima both XI students of Green Land Convent School New Subhash Nagar said,"We can control plastic pollution with this. "However Anav and Suvrat both class IX students from Delhi Public School, Jalandhar who were there with Guardian Eye said,"we have prepared anti drone detective system, which is far cheaper than Indian army's imported systems. We have sent purposal to Indian army through a know army officer and wish it get selected."Explaining a model - Smart Gesture Glove for communication, prepared for disabled people Paramjit Singh and Harshpreet Singh both students of Guru Nanak Mission Public School Dallan Bhogpur in Jalandhar district said,"It took about three months to prepare it. The innovative idea was given by one of our teachers and we worked on it day and night."

The result of CBSE Regional Science exhibition 2025-26 are as follows :

Category-1:

Symbio farm of BCM Arya Model Senior Secondary School Shastri Nagar Ludhiana in Sustainable Agriculture, Rocket Pure of Cambridge Innovative School Jalandhar in water conservation and Management ,Urja Sanrakshan by Green Land Convent School Ludhiana in Green Energy, Waste to Energy by Unique School of studies, Bagha Purana, Moga in Waste Management and Alternatives to plastic, Surveillance Car by Guru Nanak International Public School Ludhiana in Emerging Technologies.

Maths Maze by BCM Arya Senior Secondary School Lalton Kalan Ludhiana in Recreational Mathematical Modellings and Sanjeevni by BVM Senior Secondary School Ludhiana in Health and Hygiene.

Category-2:

Aqua Helio Fusion Matrix by St. Xavier World School Bathinda in Sustainable Agriculture, Smart Flood Management System by City World School Jalandhar in Water conservation and Management , Powerpath: Roadway energy from speed breakers and piezo sensors of Nankana Sahib Public School Gill Park Ludhiana in Green Energy, Waste to way Smart Road by LA Blossom School Jalandhar in Water Management and alternatives to Plastics, Hybrid Drone by Delhi Public School Jalandhar in Emerging Technologies, Mind Mesh by BCM Arya Model Senior Secondary School Shastri Nagar Ludhiana in Recreational Mathematical Modellings and Onco Odyssey by Jesus Sacred Heart School, Ludhiana in Health and Hygiene.

NSPS Innovators qualify for CBSE National Science Exhibition

20/11/2025

It is a matter of great pride that innovative students of Nankana Sahib Public School Gill Park Ludhiana could get success in getting their model selected for CBSE National Science exhibition. Bikramjeet Singh and Akashdeep Singh, both students of XI Non-Medical showcased their innovative project, “PowerPath: Roadway Energy from Speed Breakers and Piezo Sensors,” designed under the theme STEM for Viksit and Atamnirbhar Bharat and sub-theme Green Energy in the recently held CBSE Regional Science exhibition.

Their working model , depicted how mechanical energy from footpaths and speed breakers can be converted into usable electricity through a hybrid piezoelectric and roller-based system. The model impressed judges at the CBSE Regional science exhibition and the students could answer all volley of questions very confidently. Their model was selected for the CBSE National Science exhibition for its practicality, creativity, and contribution to sustainable urban solutions.

The school Principal, Mrs. Harmeet Kaur Waraich, congratulated the winners and stated, “We provided platform to our students and they could prove their potential of converting innovative thinking to practicality. I hope they will be able to win at National level too."

24/11/2025

350th martyrdom year of Shri Guru Teg Bahadur ji commemorated

To mark the 350th martyrdom year of Shri Guru Teg Bahadur ji , Nankana Sahib Public School Gill Park organized a plethora of activities with great enthusiasm and devotion. Addressing the special assembly, the school Principal Mrs Harmeet Kaur Waraich said, "Guru Teg Bahadur ji sacrificed His life for another religion which reflects that we should not leave our principles . We should always respect and protect our humanity." To inform students about His courageous life ,through different activities from November 19 to November 24, the students were acquainted with the life of Shri Guru Teg Bahadur ji which was full of sacrifice, empathy, principles and dedication. These included Seminar, debate, declamation, essay writing and poem recitation.

A seminar was organized for the students. Sardar Barjinder Pal Singh, Chief Organiser ofGuru Gobind Singh Study Circle addressed the students. He said,"It happened 350 years ago when the 9th Sikh Guru sacrificed His life to save humanity. We read Bani of Shri Guru Teg Bahadur ji in Shri Guru Granth Sahib ji. There are three basic principles of Sikhism: Naam Japo, Kirat karo and Vand Chhako. We can never go astray while following these three principles. "

He further said, "Always speak truth and be polite, have sympathy, patience. When Guru Teg Bahadur ji was born , his father bowed down his head to him and said that he would be a symbol of sacrifice and dedication. "

He exhorted students to visit the birthplace of Shri Guru Teg Bahadur ji at Amritsar which is famous with the name "Guru Ke Mehal". We can make our life far better by adopting the path shown by Guru Teg Bahadur ji. " He narrated very interesting and inspirational anecdotes from the life of Shri Guru Teg Bahadur ji.

Sardar Barjinder Pal Singh said,"We should learn from the life of our Gurus. We should keep doing good work with àn aim for the betterment of society. Whenever there is any crisis in the world, Sikhs are always on their toes for helping the needy. Guru Granth Sahib is the Guru of the whole world. Everyone and anyone can pay obeisance at Golden Temple. We all are fortunate that we got birth on the land of Gurus."

DECEMBER

NSPS Principal awarded with FAP National award

03/12/2025

It is a matter of great pride that Mrs Harrmeet Kaur Waraich Principal of Nankana Sahib Public School Gill Park Ludhiana has been awarded with FAP National award. She has been awarded this prestigious award by the Federation of Affiliated Private Schools.

Mrs. Waraich has around thirty years of experience as a renowned academician. She has been awarded this award for being a beacon of guidance. It was presented by Mr. Satnam Singh Sandhu, Member Parliament & Dr Jagjit Sjngh, President FAP. THE association appreciated her contribution to society by shaping the lives of the future citizens and on strengthening the foundation of the nation.

NSPS Girls Ace the Court at U-11 District Badminton Championship!

04/12/2025

Badminton players of Nankana Sahib Public School Gill Park added another feather to their cap as the school's U-11 Girls Badminton team secured Second Position in the District Level Tournament held at School of Eminence, Sekhewal, organised by Punjab School Education Board.

A total of 16 teams participated in the event, where the school team showcased exceptional skill, determination, and teamwork.

The winning team included Ravia Kaur, Tarnveer Kaur, Divroop Kaur, and Gursahibjot Kaur, who impressed everyone with their powerful smashes and unwavering sportsmanship.

The school Principal Mrs Harmeet Kaur Waraich congratulated the players and stated ,"Their remarkable performance reflects the confidence, consistency, and commitment that the school aims to instill in every student."

NSPS excelled in Badminton

04/12/2025

Once again the budding players of Badminton of Nankana Sahib Public School Gill Park proved their mettle by excelling in two different tournaments. In the state level badminton tournament organized by Punjab School Education Board at Patiala, Raviya and Divroop Kaur secured the first position, while Gursahib Kaur (U-9) won the second position.

However in the Kompte Badminton Tournament held at Sector 7, Chandigarh, Amardeep (U-13) and Navjot Singh (U-11) also bagged the second position.

The school Principal, Mrs. Harmeet Kaur Waraich, congratulated the achievers and stated that their dedication, discipline, and consistent hard work have brought pride to the school.

NSPS students excelled in creative competitions

08/12/2025

Reflecting their creativity once again students of Nankana Sahib Public School Gill Park proved their potential in different competitions organized by Guru Gobind Singh Study Circle.These competitions were dedicated to the birthday of famous Punjabi poet Bhai Veer Singh. In the declamation,Namanjot Kaur was given a special award along with a cash award of rupees 200. In painting Damanpreet Kaur succeeded in winning first position along with a cash prize of rupees 1000.

However in the exam of moral education, Gurseerat Kaur of class V got special award, Paramvir Kaur of class IV received special award along with cash award of rupees 300, Amardeep Singh of Class VI won third position along with cash award of rupees 1000 and Satpreet Kaur of class X was given consolation award.

The School Principal Mrs Harmeet Kaur Waraich congratulated the winners. She said,"Our students are doing very well in academics as well as in creative competitions. Contentious efforts and focused mind always polish a person's personality.I wish them success in every sphere of life. "

LSSC kabaddi tournament held at NSPS

18/12/2025

Two days long Ludhiana Sahodaya Schools Complex Kabaddi tournament was held at Nankana Sahib Public School Gill Park. The tournament was inaugurated by Mrs Jasmeen Kaur Primary Incharge of Nankana Sahib Public School Gill Park. As many as 6 teams participated in the event. On the closing day S. Ataldev Singh Chahal an international Hockey player was chief guest The results of the tournament are as follows:
Shri Harkrishan Sahib Public Senior Secondary School Daba Road remained first.
Second Runner Up- HVM convent School and first Runner Up- Anand Isher Senior Secondary Public School Chhapar.
The school Principal Mrs Harmeet Kaur Waraich congratulated the winners and motivated all players to keep participating in sports with regular practice and determination.

NSPS commemorated martyrdom day of Sahibzadas

23/12/2025

To commemorate the martyrdom day of Chhote Sahibzadas, Nankana Sahib Public School Gill Park organized a special assembly. It started with the Path of Shri Chaupai Sahib. Remembering the unforgettable sacrifice of Sahibzada Fateh Singh and Sahibzada Zorawar Singh, the school choir recited soulful shabads. Through shabads, the indomitable courage of all the four Sahibzadas was remembered. A class VI student Namanjot Kaur narrated the sacrifice of Sahibzadas in poetic style and kept everyone spell bound. The students remembered the indomitable courage of Sahibzadas through Kavishri, poems and speeches.

Addressing the gathering of students and teachers, the school Principal Mrs Harmeet Kaur Waraich spoke at length about the importance of this day. She said, "The sacrifice of Sahibzadas is unmatchable. We must learn from Chhote Sahibzadas. They were very determined on their principles. I appeal to all to respect the Sikh religion. Never waver. We should think good for all and we can be very good human beings. Think good and be good." The assembly concluded with Ardas. The whole campus responded with Bole So Nihal Sat Sri Akal.

Inter-Section One-Act Play Competition

22/12/2025

Nankana Sahib Public School organised an Inter-Section One-Act Play Competition for Class VI. The event revolved around the inspiring theme “Bravery,” encouraging students to explore and present stories of courage through the powerful medium of theatre.

Each section participated with one group, presenting an original one-act play of 5 to 8 minutes. Students showcased bravery in its various forms—moral, emotional, physical, or social—through creative scripts, expressive dialogues, and impactful performances.

The competition aims to develop students’ confidence, teamwork, creativity, communication skills, and stage presence, while promoting experiential and value-based learning.

NSPS Shines at Ist GMADA Badminton Tournament

23/12/2025

Nankana Sahib Public School marked an impressive presence at the Ist GMADA(Greater Mohali Area Development Authority) Badminton Tournament held at the Sports Complex, Sector 65, Mohali, with its young shuttlers delivering commendable performances in different age categories. In the Under-13 category, Aashish Verma secured the first position. In the Under-11 category, Agamjot Singh brought laurels to the school by clinching the second position, while Tarnveer Kaur earned the second position in the Under-9 category.

The School Principal Mrs. Harmeet Kaur Waraich congratulated the winners and stated, “Such achievements reflect the students’ hard work, discipline, and the school’s commitment to nurturing both academic and sporting excellence. We are proud of our young champions and wish them continued success in future tournaments.”

NSPS Shines in Vidyarthi Vigyan Manthan 2025

23/12/2025

Nankana Sahib Public School, students brought laurels to the institution by securing outstanding positions in the Vidyarthi Vigyan Manthan (VVM) Examination 2025. The prestigious exam is an online national-level initiative conducted by the Ministry of Education, Government of India, in two stages—Level 1 and Level 2.

Students Selected for State Level Camp are as follows:

-Fateh Singh – Grade 6
-Paramveer Singh – Grade 7
-Harsimran Kaur – Grade 7
-Harmaan Singh – Grade 8

District Level Winners:

Level 2 Exam

-Fateh Singh (Grade 6) – Rank 2
-Harsimran Kaur (Grade 7) – Rank 1
-Harmaan Singh (Grade 8) – Rank 2

Level 1 Exam

-Meharjot Kaur (Grade 11, Medical) – Rank 1

School Toppers:

Grade 6

-Fateh Singh – Rank 1
-Gaurav Dev – Rank 2
-Gurmukh Singh – Rank 3

Grade 7

-Harsimran Kaur – Rank 1
-Paramveer Singh – Rank 2

Grade 8

-Harmaan Singh – Rank 1
-Vaibhav Kumar – Rank 2
-Aashish Verma – Rank 3
-Damanveer Singh – Rank 3

Grade 9

-Aviroop Kaur – Rank 1
-Jasleen Kaur – Rank 2
-Sehajpreet Kaur – Rank 2

Grade 10

-Preeti Yadav – Rank 1
-Yashmeet Kaur – Rank 2

Grade 11

-Akashdeep Singh – Rank 1
-Bikramjeet Singh – Rank 2

The School Principal Mrs Harmeet Kaur Waraich congratulated the winners and remarked that such remarkable achievements reflect the students' curiosity, dedication, and the school's commitment to nurturing scientific temperament and critical thinking among learners.

NSPS conducted intersection Master Chef Competition

23/12/2025

Nankana Sahib Public School students successfully organized the Master Chef Competition 2025, transforming the school campus into a vibrant arena of creativity, colours, and flavours. The event witnessed enthusiastic participation from students, who showcased their culinary talents through a variety of innovative fireless dishes.

The young participants impressed everyone not only with their visually appealing presentations but also with their confidence as they explained the ingredients, preparation methods, and nutritional value of their dishes. The competition beautifully reflected students' teamwork, imagination, communication skills, and creativity.

Each dish displayed passion, effort, and originality, making the judging process both challenging and enjoyable. The event provided a wonderful platform for experiential learning, encouraging students to think creatively while developing practical life skills.

The school Principal Mrs. Harmeet Kaur Waraich appreciated the students' enthusiasm and creativity, stating that the Master Chef Competition was a wonderful example of experiential learning that nurtures confidence, teamwork, innovation, and essential life skills.

EDUCATION IS NOT THE LEARNING OF FACTS, BUT THE TRAINING OF THE MIND TO THINK...

Stand Up Comedy

“Too early for functioning.”
So... life in an Indian school.
We start every day with the morning assembly—standing in perfect lines, in blazing heat, pretending we’re all awake.
The National Anthem starts... and you see that one kid still fixing his tie like he's in slow motion.
And when we finish the anthem, there’s always that awkward one-second delay where nobody knows if we can move yet.
Like... “Are we allowed to breathe now?”
Then comes the teacher.
Now Indian teachers don’t need microphones.
Their voices could power Bluetooth speakers.
And the moment they enter the class, the vibe shifts.
We’re laughing, talking—suddenly they walk in and it's dead silence.
You can hear someone blink.
And if even one person dares whisper, the teacher goes:
“Oh! You want to talk? Jao bhar jake krlo jitni bate krni h!”
And everyone instantly becomes spiritual—like “No ma’am, sorry ma’am, I’ll never speak again, ma’am...” ...yeah of ma'am 3 times a row-
Even the kid who wasn’t talking says sorry. Just in case.
"Haiyaaa"
And teachers have these classic line "kya mein diwaron ko parah rhi hu?”
Sometimes I want to reply-
“Honestly ma’am... the walls are listening better than my jungli class.”
And then there’s roll call. "Ufff"
The one time the teacher says your name when your voice is gone.
You’re sitting there like:
“Yes ma’amhhhgggh”
“Sorry? Louder!”
“YES MA’AM I’M HERE!!”
Now the whole school knows you exist.
Also, Indian school bags are a gym workout.
My bag weighs more than me.
I’m walking to school like:
“Welcome to Class 8,back pain included for free!”
And don’t even mention surprise tests.
“Class, take out one sheet of paper.”
At that moment, everyone looks around like:
“What paper? Whose paper? Who even am I?”
But you know what?
No matter how strict the teacher, how long the assembly, or how heavy the bag...
We somehow survive.
Because we’re desi students-made tough, built to panic, and trained to finish homework in the school bus.
Thank you, thank you! You’ve all been a better audience than my classmates during history period!

Anureet Kaur
Class VIII A

"English teacher: the mind of sculptor"

She whispers letter into shapes we've never seen,
Turns silence into sentences, and sentences into wings
Her gaze bends grammar like light through glass,
Every essay a galaxy, every poem is hulse.
We leave, carrying individual ink in our veins,
Writing words she taught us to imagine

Prabhleen Kaur
Class - +1(Medical)

Shine

A long ago,
The planets were nine,
Now they are eight,
But the stars still shine.
Clouds hide the Sun
Tight and tight,
But as you can see,
It is still bright.
What about the moon?
Who gives us light,
Shows us the brighter way
Even in the darkest night.
Be like them,
So that you can shine.
In every problem,
You will be fine.

Pukhraj Singh
Class - 6th F

The Eternal Rebel

A rebel's voice rose in Bhagat Singh,
Challenging the rule of the British King.
Bhagat Singh became the voice of the voiceless,
Making the people feel fearless.
His resolve was stronger than bullets,
Helping India to break through the nets.
His love for freedom knew no bounds,
With Indian rupee replacing the British pound.
His death was a seed of freedom,
Breaking the chains of the British Kingdom.
His sacrifice shook the empire,
Which set the spirits of the people on fire.
His last breath carried the dream of liberty,
Which dreamed of an India without poverty.
His blood still sings in India's veins,
Even in silence, his courage remains.

Ajay Dhiman
Class - 9th C

WHEN YOU BELIEVE SKY IS YOUR LIMIT YOU SOMEHOW TOUCH THE SKY

Everyone dreams and wants to accomplish it but some give up in the middle fearing that they would never get success perhaps they doubt their own potential.

This phrase means that there are no set boundaries or restrictions on what one can achieve or how high they can aim. Yes of course sky is limitless if you are determined hard worker and hell bent upon full filling your ultimate aim. History is replete with examples of individuals who defied conventional limits and achieve remarkable success. From scientists like Einstein and Madam Curie to innovators like Elon Musk and Steve jobs these visionaries exemplify the power of limitless thinking. For a successful entrepreneur there are no set boundaries .Here is an example of our cities famous business tycoon late Mr. Om Prakash Munjal who along with his family moved from Pakistan to Amritsar in 1944 and started the business of cycle spare parts. After 12 years they moved to Ludhiana and set up the world's largest empire of integrated cycle manufacturing industry. Now let's talk about Milkha Singh, the flying sikh who was an Indian track and field sprinter could accomplish himself in the field of athletics . He was the first Indian who win gold medal in Asian games and also represented India in 1964 Tokyo Olympics "When it comes to innovations one can create anything innovative ".

It was Shabir Bhatia who was an Indian turned American who arrived in United States from Bangalore at the age of 19 now is a web gazillionaire. With a friend and Co worker Jack Smith, Bhatia founded Hotmail , a first web based email service. This concept was a radical departure from dial up services that required paid account.

"The mindset about success isn't just about achieving it but it's about living the life that is full of purpose, passion and joy." In the journey of success remember that only limit that exist is the one we impose on ourselves.

Vikas Khanna who was born with a leg condition was not able to walk properly until the age of 13 which leads to years of bullying in school and social isolation . That's when he found a safe space in his grandmother's kitchen and discovered his passion for cooking. After 31 jobs, he finally found a work at a restaurant but face racism. A chef there told him that "black hands don't cook they only clean"

Vikas quit immediately but he never give up and today he is the global sensation that celebrates India

"We need to push ourselves beyond our comfort zones and strive for excellence" by having this mind set we can touch the sky, achieve our goals and be successful. So it is rightly said "Believe that the sky is the beginning of the limits it's just the starting point"

Jasmeet Dhiman
Class - +1 Medical

Media trials-freedom of press or trial by fire

Many a times, media is refered to as the face of the country reason being that it plays a vital role in upliftment of the nation.That is why it is called as the fourth pillar of democracy. But unfortunately media is now replacing the role of judiciary,it runs parallel trials on a person or a case especially if it's related to an actor politician or a public figure. Joe bilinger said rightly there is a fine line between balanced journalism and trial by television.

Every now and then some or the other discussions or investigations are going on on the social media platforms. Go back in the year in Arushi Talwar murder case where her own parents were made and portrayed as the murders by the media, but later they were acquitted by the Allahbad high court.

In a democratic setup like India where everyone has the right of self derived judgement, media trials add fuel to it. It leads to the dire consequences as a result it poisons the ideology or the opinion of the society as a whole, and society itself becomes the mouth piece for the media.

Once media was considered as the serious source of information. But now it stepped down to a sub standard content like Ananya Pandey says I can touch my tongue to my nose becomes the breaking news. But jokes apart, recent Netflix series of Aryan Khan is at its peak fully hyped by media. Mark Tulley buereu chief of BBC New Delhi cautioned media by stating that anyone who is trying to control media is making a big mistake because at the end it is gonna be sumour.

Even the supreme court of India criticised media for sensationalizing Air India urination case 2023 and prioritizing TRPs and ratings over individual's dignity. As a result many scams and bribery cases of political big wigs and the people who are sitting at the helm of affairs are nipped in the bud by the media. And here's the twist we are all part of this tea. We binge watch drama, we share every clip and sometimes we even forget the human being behind that breaking news. That is what Abhishek Mann Sanghvi said "There are no pros in media trials it is just a toxic triangle of TRPs, ratings and viewership." So, what's the glow up solution- easy media should not judge should report, media exists to deliver awareness and courts exist to deliver justice. Facts first drama second. Be the mirror not the hammer, if we all respect that democracy stays strong, people stay safe and the truth wins.

Parlin Tarminder Singh Sains
Class - +1 Medical

Lost Bloom

Once a bubbly girl with a cheerful smile,
Is unable to recognise herself in a while.
Sitting alone in a room questioning her worth,
By holding tightly onto a cloth.
Trying to supress her emotions,
Thoughts filled her mind like a deep ocean.
Her eyes reflect pain,
But no one understands so it's all in vain.
She got up and move ahead,
With her eyes all red and dead.
Once a girl who can hardly study for a straight hour
is now spending hours in her study ,sitting like a dead flower.
Who knows what's on her mind
Secrets hidden, thoughts left behind

Pahulpreet Kaur
Class - 10th F

Rain

Rain that feels Our Pain
Rain, as if it speaks,
Is the only treasure one can seek.
Rain, as it pours,
Leaves only emotions scattered on the floors.
Rain, as if it feels the pain,
Is this the only way one can gain?
Rain, as if we seek,
Is the final outcome of what always remains at its peak.
Rain, as if it dares to speak,
Is this the only way one can cheat?

Kamal Preet Kaur
(English Teacher)

Sustainable Living: Myth or possibility

Imagin a world where we live in harmony with our planet, a place where actions are conscious and sustainable . With over populated world which has been witnessing increased industrialization, it is the high time to opt for sustainable living. For some it may sound a very towering goal , seems that only a selected few can achieve.They might argue that it is a myth, that it's too expensive, too complicated, or too idealistic. But it is a misconception. It is a mindset shift. It's about recognizing the impact of our daily choices on the environment, society, and the economy. sustainable living is not only possible but necessary also.

Robert Swan said rightly, ``The greatest threat to our planet is the belief that someone else will save it." To start with we can make small changes in our daily life at our own . We can reduce our energy consumption by turning off lights, using energy-efficient appliances, and insulating our homes, conserving water, reducing waste by recycling and avoiding single-use plastics. We have the technology, the knowledge, and the resources to live sustainably. What we need is the will to make it happen. Gradually it can go beyond individual actions. Policies supporting sustainable living formulated by Governments, corporations, and institutions can be implemented strictly by roping in different Non Government Organizations. This way we will be killing two birds with one stone, preserve our natural resources and shun away unemployment . Eventually we will recognize that our actions have good results and we have the power to generate better for generations to come.

One of the most significant ways we can reduce our impact on environment is transitioning to renewable energy resources. Solar and windpower are clean renewable alternatives to fossil fuels that can help in reducing pollution. We have a live example in our own district where a significant canal top solar PV project on the Sidhwan canal, near Doaraha was made functional in the year 2017 . It avoided land acquisition and utilized space over the canal for solar generation . it provides 2.50 Megawatt electricity which is pollution free and thus reducing CO_2 emissions.

There is a myth about green buildings that these are very costly . But reality is that in the long term, these have 30 to 40% utility value and resale value is also too high. CII-Sohrabji Godrej Green Business Centre in Hyderabad is country's first LEED Platinum rated green building and Indira Paryawaran Bhawan, Delhi a net zero energy government building. In such buildings there is no requirement of ACs , water is recycled . In the case when there is no power supply , there is always back up. Resale value of such buildings is too much .

Transportation is another major contributor to green house gas emission. By choosing to walk and opting for public transportation we can reduce our dependence on fossil fuels and can improve air quality. Polling of the vehicles in residential areas is also a solution which will not only save time and energy but will also enhance quality of air . We are from a country which boasts of having world's first Carbon Neutral baby who got her name registered in the Asia Book of Record. She is Aadavi from Tamil Nadu whose parents Dinesh SP and Janaga Nandini achieved this by planting over 6000 fruit trees to offset her lifetime carbon emission before she turned one . Following this the Tamil Nadu government declared Aadavi a child Ambassador for green Mission 2024. So if her parents can, why not others?

We all need to wake up from slumber. As said Niall Fitzgerald

,``Sustainability is here to stay, or we may not be" Working together with conscious choices , supporting sustainable policies, and inspiring each others to work in tandem for this common cause is the need of hour.

Jasmit Dhiman
Class - +1 Medical

ਮਾਂ ਤੋਂ ਬਿਨਾਂ ਇੱਕ ਦਿਨ

ਇੱਕ ਦਿਨ ਮੈਂ ਜਦੋਂ ਸਕੂਲ ਤੋਂ ਵਾਪਿਸ ਆਈ ਤਾਂ ਮੈਨੂੰ ਪਤਾ ਲੱਗਾ ਕਿ ਮਾਂ ਕਿਸੇ ਕੰਮ ਲਈ ਨਾਨਕੇ ਗਈ ਹੋਈ ਹੈ।ਘਰ ਦਾ ਬਹੁਤ ਕੰਮ ਕਰਨ ਵਾਲ਼ਾ ਰਹਿੰਦਾ ਹੈ ।ਮੈ ਸੋਚਿਆ ਕਿ ਮਾਂ ਹਰ ਰੋਜ਼ ਘਰ ਦਾ ਕੰਮ ਕਰਦੀ ਹੈ, ਜੇਕਰ ਇਕ ਦਿਨ ਮੈਂ ਕਰਾਂ ਤਾਂ ਕੋਈ ਵੱਡੀ ਗੱਲ ਨਹੀਂ। ਮੈਂ ਸਕੂਲ ਦੇ ਕੱਪੜੇ ਬਦਲ ਕੇ ਰੋਟੀ ਬਣਾਈ ਤੇ ਖਾਧੀ। ਫਿਰ ਮੈਂ ਘਰ ਦੇ ਸਾਰੇ ਕੰਮ ਕੀਤੇ ।ਮੈਂ ਬਹੁਤ ਥੱਕ ਗਈ ਸੀ ,ਫਿਰ ਮੈ ਸੋਚਿਆ ਮੇਰੀ ਮਾਂ ਹਰ ਰੋਜ਼ ਏਨਾ ਕੰਮ ਕਰਦੀ ਹੈ। ਇਹ ਹਰ ਸਮੇਂ ਸਾਡੀ ਸੇਵਾ ਵਿੱਚ ਹਾਜ਼ਰ ਹੁੰਦੀ ਹੈ, ਥੱਕਦੀ ਤਾਂ ਉਹ ਵੀ ਹੈ ਪਰ ਉਹ ਕਦੇ ਦੱਸਦੀ ਨਹੀਂ। ਹਰ ਸਮੇਂ ਮੁਸਕੁਰਾ ਕੇ ਕੰਮ ਕਰਦੀ ਹੈ। ਅੱਜ ਮੈਨੂੰ ਅਹਿਸਾਸ ਹੋਇਆ ਕਿ ਮਾ ਬਿਨਾਂ ਜ਼ਿੰਦਗੀ ਅਧੂਰੀ ਹੈ। ਮਾਂ ਦੀ ਕਦਰ ਕਰਨੀ ਚਾਹੀਦੀ ਹੈ। ਕਿਉਂਕਿ ਮਾਂ ਦੇ ਹੱਥਾਂ ਦੀ ਰੋਟੀ ਹਰ ਕਿਸੇ ਦੇ ਨਸੀਬ ਵਿੱਚ ਨਹੀਂ ਹੁੰਦੀ । ਮਾਂ ਹੈ ਤਾਂ ਜਹਾਨ ਹੈ।

ਸੁਖਮੀਤ ਕੌਰ
ਜਮਾਤ - ਛੇਵੀਂ 'ਜੀ'

ਕਵਿਤਾ ਧੀ

ਜਦ ਧੀ ਆਈ ਸੀ ਦੁਨੀਆਂ ਵਿੱਚ,
ਤਾਂ ਕਈਆਂ ਨੇ ਨੱਕ ਚੜਾਇਆ ਸੀ।
ਜਦ ਆਈ ਬਾਪ ਦੇ ਹੱਥਾਂ ਵਿੱਚ,
ਤਾਂ ਉਸ ਪਰੀ ਆਖ ਬੁਲਾਇਆ ਸੀ।
ਜਦ ਆਈ ਮਾਂ ਦੀ ਗੋਦੀ ਵਿੱਚ,
ਤਾਂ ਉਸ ਸੀਨੇ ਦੇ ਨਾਲ ਲਾਇਆ ਸੀ।
ਜਦ ਆਈ ਭਰਾ ਦੀ ਜ਼ਿੰਦਗੀ ਵਿੱਚ,
ਤਾਂ ਗੁੱਟ ਰੱਖੜੀ ਨਾਲ ਸਜਾਇਆ ਸੀ।
ਘਰ ਦੀ ਰੌਣਕ ਧੀ ਰਾਣੀ ਨੇ,
ਵਿਹੜਾ ਖੁਸ਼ੀਆਂ ਨਾਲ ਮਹਿਕਾਇਆ ਸੀ।

ਏਕਮਦੀਪ ਕੌਰ
ਜਮਾਤ - ਸੱਤਵੀਂ 'ਏ'

ਮਿਹਨਤ (ਕਹਾਣੀ)

ਇੱਕ ਵਾਰ ਦੀ ਗੱਲ ਹੈ, ਪੰਜਾਬ ਦੇਇੱਕ ਛੋਟੇ ਪਿੰਡਵਿੱਚ ਗੁਰਪ੍ਰੀਤ ਨਾਮ ਦਾਇੱਕ ਜਵਾਨ ਰਹਿੰਦਾ ਸੀ। ਉਹ ਬਹੁਤ ਸੁਪਨੇ ਵੇਖਦਾ ਸੀ ਪਰ ਪੈਸੇ ਦੀ ਕਮੀ ਅਤੇ ਪਰਿਵਾਰ ਦੀਆਂ ਜ਼ਿੰਮੇਵਾਰੀਆਂ ਨੇ ਉਸਦੇ ਰਾਹ ਵਿੱਚ ਬਹੁਤ ਰੁਕਾਵਟਾਂ ਪੈਦਾ ਕਰ ਦਿੱਤੀਆਂ।ਪ੍ਰਤਿ ਦਿਨ ਗੁਰਪ੍ਰੀਤ ਸਵੇਰੇ ਜਾਗਦਾ, ਖੇਤਾਂ ਵਿੱਚ ਮਿਹਨਤ ਕਰਦਾ ਅਤੇ ਰਾਤ ਨੂੰ ਚੰਨ ਦੇ ਹੇਠਾਂ ਆਪਣੀਆਂ ਸਿੱਖਿਆ ਦੀਆਂ ਕਿਤਾਬਾਂ ਪੜ੍ਹਦਾ ਸੀ। ਲੋਕਾਂ ਨੇ ਕਈ ਵਾਰੀ ਉਸਦਾ ਮਜ਼ਾਕ ਬਣਾਇਆ ਕਿ ਇਸਦੇ ਸੁਪਨੇ ਕਿਵੇਂ ਪੂਰੇ ਹੋਣਗੇ? ਪਰ ਗੁਰਪ੍ਰੀਤ ਨੇ ਹਿੰਮਤ ਨਾ ਹਾਰੀ। ਉਹ ਆਪਣੇ ਮਨ ਨੂੰ ਦਿਲਾਸਾ ਦਿੰਦਾ ਕਿ ਜਿਹੜੇ ਕੰਮ ਲਈ ਉਹ ਮਿਹਨਤ ਕਰੇਗਾ , ਉਹ ਸਫ਼ਲ ਜ਼ਰੂਰ ਹੋਵੇਗਾ। ਕਈ ਸਾਲਾਂ ਦੀ ਮਿਹਨਤ ਤੋਂ ਬਾਅਦ ਗੁਰਪ੍ਰੀਤ ਨੇ ਆਪਣੀ ਇੱਕ ਵੱਡੇ ਕਾਰੋਬਾਰ ਦੇ ਤੌਰ ਤੇ ਪਿੰਡ ਦੇ ਬੱਚਿਆਂ ਲਈ ਪਾਠਸ਼ਾਲਾ ਖੋਲ੍ਹਣ ਵਿੱਚ ਮਦਦ ਕੀਤੀ। ਪਾਠਸ਼ਾਲਾ ਦਾ ਬਹੁਤ ਸਾਰੇ ਬੱਚਿਆਂ ਨੂੰ ਫਾਇਦਾ ਹੋਇਆ। ਉਸਦੀ ਕਹਾਣੀ ਪਿੰਡ ਵਿੱਚ ਹਰ ਕੋਈ ਸੁਣਦਾ ਸੀ ਤੇ ਸਭ ਨੂੰ ਪ੍ਰੇਰਨਾ ਮਿਲਦੀ ਸੀ ਕਿ ਹੌਂਸਲਾ ਨਾ ਹਾਰੋ, ਮਿਹਨਤ ਜ਼ਰੂਰ ਫ਼ਲ ਲਿਆਉਂਦੀ ਹੈ। ਇਸ ਤਰ੍ਹਾਂ, ਗੁਰਪ੍ਰੀਤ ਦੀ ਕਹਾਣੀ ਤੋਂ ਸਿੱਖਿਆ ਮਿਲਦੀ ਹੈ ਕਿ ਮੁਸੀਬਤਾਂ ਤਾਂ ਆਉਂਦੀਆਂ ਰਹਿੰਦੀਆਂ ਨੇ ਪਰ ਉਹਨਾਂ ਦੇ ਸਾਹਮਣੇ ਡਿੱਗਣਾ ਨਹੀਂ ਚਾਹੀਦਾ ਸਗੋਂ ਹੌਂਸਲਾ ਕਾਇਮ ਰੱਖਣਾ ਸਭ ਤੋਂ ਵੱਡੀ ਜਿੱਤ ਹੁੰਦੀ ਹੈ।ਆਪਣਾ ਸੁਪਨਾ ਸੱਚ ਕਰਨ ਲਈ ਕਦੇ ਵੀ ਨਾ ਹਾਰੋ। ਜੇਕਰ ਤੁਸੀਂ ਆਪਣੇ ਸੁਪਨੇ ਪੂਰੇ ਕਰਨ ਦੇ ਨਾਲ ਕੁਝ ਪ੍ਰਾਪਤ ਕਰਨ ਦੀ ਬਹੁਤ ਇੱਛਾ ਰੱਖਦੇ ਹੋ ਤਾਂ ਇਸ ਦੁਨੀਆਂ ਵਿੱਚ ਸਭ ਕੁਝ ਪ੍ਰਾਪਤ ਕਰਨ ਲਈ ਸਖ਼ਤ ਮਿਹਨਤ ਵੀ ਕਰੋ । ਇਹ ਸਿਰਫ਼ ਇੱਕ ਕਹਾਣੀ ਹੀ ਨਹੀਂ ਸਗੋਂ ਸਾਡੇ ਲਈ ਇੱਕ ਬਹੁਤ ਮਹੱਤਵਪੂਰਨ ਸਬਕ ਹੈ ਜਿਸਨੂੰ ਸਿੱਖਣ ਅਤੇ ਸਾਡੀ ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਲਾਗੂ ਕਰਨ ਦੀ ਲੋੜ ਹੈ।

ਹਰਦੀਪ ਕੌਰ
ਜਮਾਤ - ਨੌਵੀਂ 'ਏ'

ਪ੍ਰੀਤ ਦਾ ਸੁਪਨਾ

ਪ੍ਰੀਤ - [ਮਨ ਵਿੱਚ] ਮੇਰਾ ਸੁਪਨਾ ਹੈ ਕਿ ਮੈਂ ਸ਼ਹਿਰ ਜਾਕੇ ਪੜ੍ਹਾਂ, ਵੱਡੀ ਅਫਸਰ ਬਣਾਂ। ਕਾਸ਼ ! ਮੈਂ ਇਹ ਸੁਪਨਾ ਕਰ ਪਾਵਾਂ।
ਮਾਂ - ਪ੍ਰੀਤ, ਤੂੰ ਫੇਰ ਕਿਤਾਬਾਂ ਵਿੱਚ ਗੁੰਮੀ ਹੋਈ ਹੈ ? ਉਠ, ਕੁਝ ਖਾਲਾ ।
ਪ੍ਰੀਤ - ਨਹੀ ਮਾਂ, ਮੈਂ ਕੁਝ ਜ਼ਰੂਰੀ ਪੜ੍ਹ ਰਹੀ ਹਾਂ।ਮੈਂ ਇੱਕ ਵੱਡੀ ਅਫ਼ਸਰ ਬਣਨਾ ਹੈ।
ਬਾਪੂ - ਬੇਟੀ! ਅਫ਼ਸਰ ਬਣਨਾ ਸੌਖਾ ਨਹੀਂ। ਉਸ ਲਈ ਬਹੁਤ ਪੈਸੇ ਤੇ ਮਿਹਨਤ ਲੱਗਦੀ ਹੈ।
ਪ੍ਰੀਤ - ਪਿਤਾ ਜੀ, ਮਿਹਨਤ ਦੀ ਮੈਂ ਜਿੰਮੇਵਾਰੀ ਲੈਂਦੀ ਹਾਂ । ਪੈਸੇ ਦੀ ਪ੍ਰਵਾਹ ਨਾ ਕਰੋ। ਬਸ ਮੇਰੇ ਤੇ ਭਰੋਸਾ ਰੱਖੋ।
ਛੋਟਾ ਭਰਾ - ਦੀਦੀ, ਤੂੰ ਪੜ੍ਹ, ਮੈ ਤੈਨੂੰ ਤੰਗ ਨਹੀਂ ਕਰਾਂਗਾ।
ਮਾਂ → [ਮੁਸਕਰਾਉਂਦੀ ਹੋਈ] ਦੇਖ, ਤੇਰਾ ਵੀਰ ਵੀ ਤੇਰੇ ਨਾਲ ਹੈ ।ਪਰ ਪੁੱਤ ਸ਼ਹਿਰ ਜਾ ਕੇ ਪੜ੍ਹਨਾ ਬਹੁਤ ਔਖਾ ਕੰਮ ਹੈ। ਉੱਥੇ ਰਹਿਣ-ਸਹਿਣ ਦਾ ਖਰਚਾ ਬਹੁਤ ਹੈ।
ਗੁਆਂਢਣ - [ਘਰ ਵਿੱਚ ਦਾਖ਼ਲ ਹੁੰਦੀ ਹੋਈ] ਕੀ ਗੱਲਾਂ ਹੋ ਰਹੀਆਂ ਨੇ, ਭੈਣ ਜੀ ?
ਮਾਂ - ਆਓ ਜੀ, ਬੈਠੋ । ਪ੍ਰੀਤ ਦੇ ਬਾਰੇ ਗੱਲ ਕਰ ਰਹੇ ਆਂ । ਇਹ ਸ਼ਹਿਰ ਜਾ ਕੇ ਪੜ੍ਹਨਾ ਚਾਹੁੰਦੀ ਹੈ।
ਮਾਸੀ - [ਗੁਆਂਢਣ ਦੇ ਪਿੱਛੇ ਆਉਂਦੀ ਹੋਈ, ਹੱਸ ਕੇ] ਬਸ ਇੰਨੀ ਕੁ ਗੱਲ ? ਭੈਣ ਜੀ ਕਿਉਂ ਨਾ ਪ੍ਰੀਤ ਨੂੰ ਮੇਰੇ ਕੋਲ ਸ਼ਹਿਰ ਭੇਜ ਦਿਓ। ਉੱਥੇ ਚੰਗੇ ਸਕੂਲ ਹਨ, ਉਹ ਵਧੀਆ ਪੜ੍ਹ ਲਵੇਗੀ।
ਬਾਪੂ - [ਸੋਚਦੇ ਹੋਏ] ਹਾਂਜੀ, ਇਹ ਤੁਹਾਡੀ ਬਹੁਤ ਵੱਡੀ ਮਿਹਰਬਾਨੀ ਹੋਵੇਗੀ। ਪਰ ਪ੍ਰੀਤ ਨੂੰ ਦੂਰ ਭੇਜਣਾ ਸਾਡੇ ਲਈ ਔਖਾ ਹੋਵੇਗਾ।
ਪ੍ਰੀਤ - ਪਿਤਾ ਜੀ, ਮੈਨੂੰ ਜਾਣ ਦਿਉ ।ਮੈਂ ਤੁਹਾਨੂੰ ਕਦੇ ਨਿਰਾਸ਼ ਨਹੀ ਕਰਾਂਗੀ।
ਮਾਂ - ਠੀਕ ਹੈ ਪੁੱਤ, ਜੇ ਤੂੰ ਇੰਨੀ ਲਗਨ ਨਾਲ ਪੜ੍ਹਨਾ ਚਾਹੁੰਦੀ ਹੈ , ਤਾਂ ਅਸੀਂ ਤੈਨੂੰ ਨਹੀਂ ਰੋਕਾਂਗੇ।
ਮਾਸੀ - ਚਿੰਤਾ ਨਾ ਕਰੋ ਭੈਣ ਜੀ, ਪ੍ਰੀਤ ਮੇਰੇ ਕੋਲ ਬਿਲਕੁਲ ਠੀਕ ਰਹੇਗੀ । ਚਲੋ ਪ੍ਰੀਤ, ਤਿਆਰੀ ਕਰ ਲੈ, ਕੱਲ੍ਹ ਸਵੇਰੇ ਹੀ ਚੱਲਾਂਗੇ।
ਪ੍ਰੀਤ - ਧੰਨਵਾਦ ਮਾਸੀ ਜੀ, ਧੰਨਵਾਦ ਮਾਂ ਅਤੇ ਧੰਨਵਾਦ ਪਿਤਾ ਜੀ ।ਮੈਂ ਤੁਹਾਨੂੰ ਮਾਣ ਮਹਿਸੂਸ ਕਰਾਵਾਂਗੀ , ਤੁਸੀਂ ਮੇਰੇ ਤੇ ਵਿਸ਼ਵਾਸ ਰੱਖੋ।
[ਕੁਝ ਸਾਲਾਂ ਬਾਅਦ]
ਬਾਪੂ - [ਅੱਖਾਂ ਵਿੱਚ ਖੁਸ਼ੀ ਦੇ ਹੰਝੂਆਂ ਨਾਲ] ਪ੍ਰੀਤ ਦਾ ਫੋਨ ਆਇਆ ਸੀ, ਉਹ ਅਫ਼ਸਰ ਬਣ ਗਈ।
ਮਾਂ - [ਖ਼ੁਸ਼ੀ ਨਾਲ] ਪ੍ਰੀਤ ਨੇ ਆਪਣਾ ਸੁਪਨਾ ਪੂਰਾ ਕਰ ਦਿੱਤਾ। ਮੇਰੀ ਬੇਟੀ!
ਛੋਟਾ ਭਰਾ -[ਖ਼ੁਸ਼ੀ ਨਾਲ ਨੱਚਦਾ ਹੋਇਆ] ਵਾਹ ਦੀਦੀ! ਮੈਨੂੰ ਪਤਾ ਸੀ ਤੁਸੀਂ ਕਰ ਲਵੋਗੇ।
ਮਾਸੀ - [ਮਾਣ ਨਾਲ] ਮੈਨੂੰ ਪ੍ਰੀਤ ਤੇ ਪੂਰਾ ਭਰੋਸਾ ਸੀ।ਉਹ ਬਹੁਤ ਮਿਹਨਤੀ ਹੈ।
[ਕੁਝ ਦਿਨਾਂ ਬਾਅਦ ਪ੍ਰੀਤ ਘਰ ਆਉਂਦੀ ਹੈ।]
ਪ੍ਰੀਤ - [ਘਰ ਆ ਕੇ ਸਭ ਨੂੰ ਗਲੇ ਲਗਾਉਂਦੀ ਹੋਈ] ਇਹ ਸਭ ਤੁਹਾਡੇ ਪਿਆਰ ਤੇ ਸਹਿਯੋਗ ਕਰਕੇ ਹੀ ਸੰਭਵ ਹੋਇਆ ਹੈ।

ਸਿਮਲੀਨ ਕੌਰ
ਜਮਾਤ - ਨੌਵੀਂ 'ਏ'

ਛੋਟੇ ਸਾਹਿਬਜ਼ਾਦੇ

ਜ਼ਾਲਮਾਂ ਦੇ ਘੇਰੇ ਵਿੱਚ ਖੜੇ ਦੋ ਬਾਲ ਜੀ,
ਦਸਮੇਸ਼ ਪਿਤਾ ਦੇ ਦੋਵੇਂ ਛੋਟੇ ਲਾਲ ਜੀ,
ਉਮਰਾਂ ਵੀ ਛੋਟੀਆਂ ਸੱਤ ਤੇ ਨੌ ਸਾਲ ਜੀ,
ਸੋਚ ਵੀ ਨਹੀਂ ਸਕਦੇ ਉਸ ਘੜੀ ਦਾ ਕੀ ਹਾਲ ਜੀ,
ਲਾਲਾਂ ਨੂੰ ਡਰਾਉਣ ਦੀ ਘੜੀ ਉਹਨਾਂ ਨੇ ਚਾਲ ਜੀ,
ਪਰ ਦੋਨੋਂ ਸਾਹਿਬਜ਼ਾਦੇ ਸਿੱਖੀ ਨੂੰ ਰਹੇ ਪਾਲ ਜੀ,
ਹੋਣੀ ਇੰਨੀ ਬਲਵਾਨ ਜਿਸ ਨੂੰ ਕੋਈ ਰੋਕ ਨਾ ਸਕੇ ਜੀ,
ਨੀਹਾਂ ਵਿੱਚ ਚਿਣਨ ਦਾ ਬੁਣਿਆ ਮੁਗਲਾਂ ਜਾਲ ਜੀ,
ਡੋਲੇ ਨੀ ਉਹ ਸਿੱਖੀ ਤੋਂ ਖੜੇ ਬਣੇ ਢਾਲ ਜੀ,
ਹੱਸਦੇ ਸ਼ਹੀਦੀਆਂ ਪਾ ਗਏ ਗੋਬਿੰਦ ਦੇ ਲਾਲ ਜੀ,
ਜ਼ਾਲਮਾਂ ਨਾ ਤਰਸ ਕੀਤਾ ਬੁਣੇ ਅਜਿਹੇ ਜਾਲ ਜੀ,
ਵਜ਼ੀਰ ਖਾਨ ਪਾਪੀ ਨੇ ਕਮਾਇਆ ਇਹ ਪਾਪ ਜੀ,
ਸ਼ਹੀਦ ਨਿੱਕੀਆਂ ਜਿੰਦਾਂ ਦੀ ਬਣੀ ਇਹ ਮਿਸਾਲ ਜੀ।

ਜਪਨੂਰ ਕੌਰ
ਜਮਾਤ - ਸੱਤਵੀਂ 'ਏ'

ਸਤਿਕਾਰ

ਅੱਜ ਕੱਲ ਦੁਨੀਆਦਾਰੀ ਰਿਸ਼ਤੇ - ਨਾਤੇ ਸਭ ਦਿਖਾਵੇ ਦੇ ਰਹਿ ਗਏ। ਬੱਚਿਆਂ ਨੂੰ ਜੋ ਮਾਪੇ ਸਿਖਾਉਂਦੇ ਹਨ, ਬੱਚੇ ਉਹੀ ਸਿੱਖਦੇ ਹਨ । ਆਪਣੇ ਵੱਡਿਆਂ ਦਾ ਸਤਿਕਾਰ ਕਰਨਾ ,ਛੋਟਿਆਂ ਨਾਲ ਪਿਆਰ ਕਰਨਾ। ਇਹ ਗੱਲਾਂ ਬੱਚਾ ਆਪਣੇ ਘਰ ਵਿੱਚ ਹੀ ਸਿੱਖਦਾ ਹੈ ਪਰ ਜਿਵੇਂ- ਜਿਵੇਂ ਸਮਾਂ ਬਦਲ ਰਿਹਾ ਹੈ। ਉਵੇਂ ਹੀ ਅਸੀਂ ਸਾਰੇ ਫਰਜ਼ ਵੀ ਭੁੱਲਦੇ ਜਾ ਰਹੇ ਹਾਂ ।ਅਸੀਂ ਆਪਣੇ ਬੱਚਿਆਂ ਨੂੰ ਆਪਣੇ ਸੱਭਿਆਚਾਰ ਤੋਂ ਦੂਰ ਕਰਦੇ ਕਰ ਰਹੇ ਹਾਂ ਅਤੇ ਪੱਛਮੀ ਸੱਭਿਆਚਾਰਵੱਲ ਵੱਧਦੇ ਜਾ ਰਹੇ ਹਾਂ। ਬੱਚੇ ਪੱਛਮੀ ਸੱਭਿਆਚਾਰ ਨੂੰ ਜਿਆਦਾ ਅਹਿਮੀਅਤ ਦੇ ਰਹੇ ਹਨ ।ਉਹ ਆਪਣੀਆਂ ਖੁਸ਼ੀਆਂ ਆਪਣੇ ਮਾਪਿਆਂ ਨਾਲ ਸਾਂਝੀਆਂ ਨਹੀਂ ਕਰਦੇ, ਸਗੋਂ ਸੋਸ਼ਲ ਮੀਡੀਆ ਤੇ ਪੋਸਟਾਂ ਪਾ ਕੇ ਆਪਣੀਆਂ ਖੁਸ਼ੀਆਂ ਲੱਭਦੇ ਹਨ। ਅੱਜ ਕੱਲ੍ਹ ਬੱਚੇ ਮਾਪਿਆਂ ਨਾਲ ਸਮਾਂ ਨਹੀਂ ਗੁਜ਼ਾਰਦੇ, ਜਿੰਨਾ ਸੋਸ਼ਲ ਮੀਡੀਆ, ਮੋਬਾਇਲ ਗੇਮਾਂ ਦੇ ਨਾਲ ਗੁਜ਼ਾਰਦੇ ਹਨ ।ਉਹਨਾਂ ਆਪਣੀਆਂ ਜਰੂਰਤਾਂ ਨੂੰ ਇੰਨਾ ਮਸ਼ੀਨੀ ਵਸਤਾਂ ਨਾਲ ਪੂਰੀਆਂ ਕਰਦੇ ਹਨ। ਜਿਸ ਕਰਕੇ ਆਲੇ - ਦੁਆਲੇ ਰਹਿੰਦੇ ਪਰਿਵਾਰਕ ਮੈਂਬਰਾਂ ਤੋਂ ਦੂਰ ਹੁੰਦੇ ਜਾ ਰਹੇ ਹਨ। ਜਿਸ ਕਰਕੇ ਉਹ ਆਪਣੇ ਦਾਦਾ - ਦਾਦੀ , ਮਾਂ- ਬਾਪ , ਭੈਣ- ਭਰਾ, ਚਾਚਾ- ਚਾਚੀ ਤੇ ਹੋਰ ਰਿਸ਼ਤੇਦਾਰਾਂ ਤੋਂ ਦੂਰ ਰਹਿਣਾ ਪਸੰਦ ਕਰਦੇ ਹਨ। ਉਹਨਾਂ ਦੀ ਅਹਿਮੀਅਤ ਦਿਨੋਂ - ਦਿਨ ਘੱਟ ਰਹੀ ਹੈ । ਜਿਸ ਨਾਲ ਬੱਚਿਆਂ ਤੇ ਮਾਪਿਆਂ ਵਿੱਚ ਤਣਾਅ ਦੀ ਸਥਿਤੀ ਪੈਦਾ ਹੁੰਦੀ ਜਾ ਰਹੀ ਹੈ। ਬਜ਼ੁਰਗਾਂ ਨੂੰ ਜੋ ਪਿਆਰ ਤੇ ਸਤਿਕਾਰ ਮਿਲਣਾ ਚਾਹੀਦਾ ਹੈ, ਉਹ ਨਹੀਂ ਮਿਲ ਰਿਹਾ ।ਉਹ ਇਸ ਪਿਆਰ ਤੇ ਸਤਿਕਾਰ ਤੋਂ ਵਾਂਝੇ ਹੋ ਰਹੇ ਹਨ। ਅਸੀਂ ਇਹਨਾਂ ਤੁਰੱਟੀਆਂ ਨੂੰ ਇਕੱਠੇ ਮਿਲ ਕੇ ਹੀ ਦੂਰ ਕਰ ਸਕਦੇ ਹਾਂ । ਜਿਸ ਨਾਲ ਅਸੀਂ ਆਪਣੇ ਬੱਚਿਆਂ ਨੂੰ ਪਰਿਵਾਰ ਦੇ ਨਾਲ ਸਮਾਂ ਬਿਤਾਉਣ ਦੀਆਂ ਕੁਝ ਅਜਿਹੀਆਂ ਖੇਡਾਂ ਬਣਾਈਏ , ਤਾਂ ਜੋ ਉਹ ਆਪਣੇ ਬਜ਼ੁਰਗਾਂ ਦਾਦਾ - ਦਾਦੀ ਨਾਲ ਸਮਾਂ ਬਿਤਾ ਕੇ ਉਹਨਾਂ ਕੋਲੋਂ ਜ਼ਿੰਦਗੀ ਦਾ ਅਨਮੋਲ ਖਜ਼ਾਨਾ ਹਾਸਿਲ ਕਰ ਸਕਣ। ਉਹਨਾਂ ਨਾਲ ਸੈਰ ਕਰਨਾ ,ਖੇਡਣਾ ,ਪਾਰਕ ਜਾਣਾ, ਉਹਨਾਂ ਦੀਆਂ ਮਨਪਸੰਦ ਵਸਤੂਆਂ ਦਾ ਖਿਆਲ ਰੱਖਣਾ, ਬਗੀਚੇ ਵਿੱਚ ਉਹਨਾਂ ਦੇ ਨਾਲ ਕੰਮ ਕਰਾਉਣਾ। ਉਹਨਾਂ ਨਾਲ ਹੀ ਬੈਠ ਕੇ ਰਾਤ ਦਾ ਖਾਣਾ ਖਾਣਾ ਤੇ ਰਾਤ ਨੂੰ ਉਹਨਾਂ ਤੋਂ ਕਹਾਣੀਆਂ ਸੁਣਨੀਆਂ ਆਦਿ ਕੰਮਾਂ ਨਾਲ ਅਸੀਂ ਆਪਣੇ ਦਾਦਾ - ਦਾਦੀ ਤੇ ਘਰ ਦੇ ਹੋਰਨਾਂ ਮੈਂਬਰਾਂ ਦੀ ਖੁਸ਼ੀ ਪ੍ਰਾਪਤ ਕਰ ਸਕਦੇ ਹਾਂ। ਅਸੀਂ ਆਪਣੇ ਬੱਚਿਆਂ ਨੂੰ ਸਿੱਖਿਆ ਦਿੰਦੇ ਹਾਂ ਕਿ ਉਹ ਆਪਣੇ ਬਜ਼ੁਰਗਾਂ ਦਾਦਾ – ਦਾਦੀ, ਮਾਂ- ਬਾਪ ਤੇ ਭੈਣ -ਭਰਾ ਸਭ ਨਾਲ ਪਿਆਰ ਨਾਲ ਰਹਿਣ ਤੇ ਖੁਸ਼ੀਆਂ ਮਾਨਣ, ਇਹ ਤਾਂ ਹੀ ਸੰਭਵ ਹੈ ਜੇ ਅਸੀਂ ਆਪਣੇ ਬਣਦੇ ਫਰਜ਼ ਨਿਭਾਈਏ। ਉਹਨਾਂ ਦੀ ਹਰ ਖੁਸ਼ੀ, ਗ਼ਮੀ ਤੇ ਉਹਨਾਂ ਦੀਆਂ ਲੋੜਾਂ ਦਾ ਖਿਆਲ ਰੱਖੀਏ ਤੇ ਆਪ ਆਪਣੇ ਮੋਬਾਈਲ ਅਤੇ ਸੋਸ਼ਲ ਮੀਡੀਆ ਤੋਂ ਦੂਰ ਰਹੀਏ ਤਾਂ ਜੋ ਵੱਧ ਤੋਂ ਵੱਧ ਸਮਾਂ ਆਪਣੇ ਬੱਚਿਆਂ ਨਾਲ ਗੁਜ਼ਾਰੀਏ ਤੇ ਉਹਨਾਂ ਨਾਲ ਖੇਡ ਦੇ ਮੈਦਾਨ ਵਿੱਚ ਜਾ ਕੇ ਉਹਨਾਂ ਦੀਆਂ ਮਨਪਸੰਦ ਖੇਡਾਂ ਖੇਡੀਏ ਅਤੇ ਜਿਸ ਨਾਲ ਬੱਚਿਆਂ ਦਾ ਸਰੀਰਕ ਵਿਕਾਸ ਤਾਂ ਹੋਵੇਗਾ । ਨਾਲ- ਨਾਲ ਉਹਨਾਂ ਦੀ ਪੜ੍ਹਾਈ ਦੇ ਵਿੱਚ ਵੀ ਸਾਨੂੰ ਮਦਦ ਕਰਨੀ ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਜੋ ਉਹਨਾਂ ਸਰਬਪੱਖੀ ਵਿਕਾਸ ਹੋ ਸਕੇ। ਚੰਗੇ ਮਾਪੇ ਆਪਣੇ ਬੱਚਿਆਂ ਨੂੰ ਚੰਗੀ ਸਿੱਖਿਆ ਹੀ ਦਿੰਦੇ ਹਨ ਤੇ ਬੱਚੇ ਤਾਂ ਹੀ ਬਜੁਰਗਾਂ ਦਾ ਸਤਿਕਾਰ ਕਰਦੇ ਹਨ , ਜੇ ਉਹਨਾਂ ਨੂੰ ਆਪਣੇ ਮਾਪਿਆਂ ਤੋਂ ਆਪਣੇ ਬਜ਼ੁਰਗਾਂ ਨਾਲ ਸਤਿਕਾਰ ਕਰਦੇ ਦੇਖਿਆ ਹੋਵੇਗਾ। ਸੋ ਅੱਜ ਦੇ ਸਮੇਂ ਵਿੱਚ ਆਪਣੇ ਬਜ਼ੁਰਗਾਂ ਦਾ ਸਤਿਕਾਰ ਕਰਨਾ ਤੇ ਉਹਨਾਂ ਦੇ ਨਾਲ - ਨਾਲ ਬੱਚਿਆਂ ਨੂੰ ਚੰਗੇ ਗੁਣਾਂ ਦਾ ਧਾਰਨੀ ਬਣਾਉਣਾ ਮਾਪਿਆਂ ਦੇ ਹੱਥ ਵਿੱਚ ਹੈ।

ਮਨਪ੍ਰੀਤ ਕੌਰ ਭੱਟੀ
ਪੰਜਾਬੀ ਅਧਿਆਪਕ

ਪੰਜਾਬ

ਕੋਈ ਚੱਲਿਆ ਕਨੇਡਾ ਅਤੇ ਕੋਈ ਅਮਰੀਕਾ ਚੱਲਾ,
ਪਿੱਛੇ ਪੰਜਾਬ ਰਹਿ ਗਿਆ ਕੱਲਾ,
ਉਜੜ ਗਏ ਕਈ ਪਿੰਡ ਤੇ ਘਰਾਂ ਨੂੰ ਲੱਗ ਗਿਆ ਤਾਲਾ,
ਮੁੜਿਆ ਨਹੀਂ ਜਾਂਦਾ ਫਿਰ ਜਦ ਮਿੱਟੀ ਵਾਜਾਂ ਮਾਰੇਗੀ,
ਲੈ ਕੇ ਬਹਿ ਗਈ ਪੰਜਾਬ ਨੂੰ 'ਆਈਲਟਸ' ਦੀ ਮਾਰ,
ਕੌਣ ਛੱਡਦਾ ਪੰਜਾਬ ਜੇ ਚੰਗੀ ਹੁੰਦੀ ਸਰਕਾਰ,
ਕੁਝ ਖਾ ਲਿਆ ਨਸ਼ਿਆਂ ਤੇ ਕੁਝ ਪ੍ਰਦੇਸ਼ਾਂ ਨੇ,
ਝੂਠੀਆਂ ਸੌਹਾਂ ਖਾ ਕੇ ਪੰਜਾਬ ਨੂੰ ਠੱਗੀ ਜਾਂਦੇ ਨੇ,
ਪੰਜਾਬ ਦੀ ਖਾਤਰ ਆਪਾਂ ਨੂੰ ਖੜਨਾ ਹੀ ਪਵੇਗਾ,
ਲੋੜ ਪਈ ਤਾਂ ਆਪਣੇ ਹੱਕਾਂ ਖਾਤਰ ਲੜਨਾ ਵੀ ਪਵੇਗਾ ।

ਜਪਨੂਰ ਕੌਰ
ਜਮਾਤ - ਸੱਤਵੀਂ 'ਏ'

ਜ਼ਿੰਦਗੀ ਦਾ ਅਸਲੀ ਮਤਲਬ

ਜਦੋਂ ਮੈਨੂੰ ਜ਼ਿੰਦਗੀ ਦਾ ਅਸਲੀ ਮਤਲਬ ਹੈ ਸਮਝ ਆਇਆ,
ਮੈਨੂੰ ਇੰਝ ਲੱਗਾ ਕਿ ਮੈਂ ਪੂਰੀ ਜ਼ਿੰਦਗੀ,ਪੈਸੇ ਦਾ ਹੀ ਨਾਮ ਗਾਇਆ।
ਦੋ ਵਕਤ ਦੀ ਰੋਟੀ ਆਰਾਮ ਨਾਲ ਖਾਣੀ ਸੀ,
ਪਰ ਜ਼ਿੰਦਗੀ ਬਣ ਗਈ ਘੁੰਮਦੀ ਹੋਈ ਮਧਾਣੀ ਸੀ ।
ਜ਼ਿੰਦਗੀ ਨੂੰ ਜਵਾਨੀ ਵਿੱਚ ਕਲੱਬ ਤੇ ਬੁਢਾਪੇ ਵਿੱਚ ਗੁਰਦੁਆਰੇ ਦਾ ਨਾਂ ਦੇ ਦਿੱਤਾ,
ਪਤਾ ਨਹੀਂ ਕਿੰਨੀ ਵਾਰ ਗਾਂ ਨੂੰ ਗਊ ਮਾਤਾ ਕਹਿ ਕੇ ਵੀ, ਉਸ ਉੱਤੇ ਅੱਤਿਆਚਾਰ ਕੀਤਾ।
ਦੁੱਖ ਵਿੱਚ ਰੱਬ ਤੋਂ ਸੁੱਖ ਮੰਗ ਕੇ, ਸੁੱਖ ਵਿੱਚ ਉਸਨੂੰ ਭੁੱਲ ਗਏ ,
ਸੌ ਵਾਰੀ ਮਾਂ ਪਿਓ ਦੇ ਸਮਝਾਉਣ ਤੇ ਵੀ ਗਲਤ ਰਾਹ ਤੇ ਹੀ ਪਏ ਰਹੇ।
ਜਦੋਂ ਅੱਜ ਮੈਨੂੰ ਜ਼ਿੰਦਗੀ ਦਾ ਅਸਲੀ ਮਤਲਬ ਹੈ ਸਮਝ ਆਇਆ ,
ਮੈਨੂੰ ਇੰਝ ਲੱਗਾ ਕਿ ਮੈਂ ਦੁਨਿਆਵੀ ਖੁਸ਼ੀ ਦੇ ਪਿੱਛੇ ਆਪਣੀ ਜ਼ਿੰਦਗੀ ਨੂੰ ਹੈ ਗਵਾਇਆ।

ਮਹਿਕਦੀਪ ਕੌਰ
ਜਮਾਤ - ਬਾਰਵੀਂ ਆਰਟਸ 'ਏ'

तू भगवान पर विश्वास रख

तू भगवान पर विश्वास रख,
मन में ऋद्धा और भक्ति की भावना रख।
मुशिकले तो सबकी ज़िदगी मेंआती हैं ,
परंतु उसके नाम जाप से वो भी कम हो जाती है।
वो तुम्हारी परीक्षा ज़रूर लेगा ,
परंतु तुम्हें कभी हारने नहीं देगा ।
दोस्त मानकर कभी प्यार से तो कभी गुस्से से बात करते हो ,
फ़िर दोस्त पर ही विश्वास क्यों नही रखते हो ?
बस उस पर विश्वास रखने की बात है,
क्योंकि फ़िर भय किसका, जब उसका साथ है।

महकदीप कौर
कक्षा - बारहवीं आर्ट्स 'ऐ'

न्यूज लेटर में शब्द सजाएं

हर सुबह एक सपना लाती ,
नई उम्मीदें साथ में लाती ।
बीते कल की छोड़ चले ,
नए सफर की राह पकड़े ।
मन में उम्मीद जगा ले हम ,
हर मुश्किल से लडले हम ।
मंजिल पास ही होगी जब,
दिल से काम करें हर कदम ।
चलो चले उस ओर जहां,
सपनों का हो आसमान ।
न्यूज लेटर में शब्द सजाएं,
अपनी कविता से रंग जमाएं।

स्पर्श
कक्षा - आठवीं 'बी'

जल : जीवन दाता !

जल ही जीवन है ,इससे ही वृक्ष है। यह सभी प्राणियों के जीवन का सोना है।
बस इसको बर्बादी से न खोना है ।
यही सब बलवान है, यही जीवनदान है ।
दिन व दिन कम हो रहा है जल , बारिश भी नहीं बढ़ सकती थल। आजकल लोग हो रहे हैं अंधे,
नहीं बर्बादी सेभी डोल उनके कंधे, पांच तत्वों मे एक पानी भी आता है। इससे भी तो हमारा शरीर बन पाता है। हर जगह हरकोने में पानी केविशेष है
अब बताओ क्या इसेबर्बाद करना न शेष हैं?

जपनूर कौर
कक्षा - सातवीं 'ए '

बचपन

वो बचपन कितना सुहावना था,
किसी काम को न करने का बहाना था।
किसी काम की चिंता नहीं थी तब,
बस खेलने - कूदने का नाम जपते थे तब |
वो बचपन सबसे अच्छा था,
क्योंकि खेलते वक्त समय का पता ही नहीं चलता था।
दोस्तों के साथ लड़ना फिर मिल जाना,
बस इसी चीज का आनंद था तब।
काश! वो बचपन वापस आ जाए,
और पहले की तरह हमारे जीवन को खुशियों से भर जाए ।

मनराज सिंह
कक्षा - चौथी सी

सपने

सपने वो नहीं जो आप सोते समय देखे,
सपने वो जो आपको रात में सोने ना दे।
कुछ करने की इच्छा कुछ बनने का सपना,
ज़िन्दगी में अपने आप को साबित करने का मौक़ा...कहाँ मिले बार-बार ?
सपने वो जो आराम त्यागकर मेहनत करने के लिए मजबूर करे।
सपने वो जो आपकी कमज़ोरी को भी एक हथियार बना दे।
ना करने के लिए लाखों बहाने होंगे पर करने के लिए एक वजह ही काफ़ी है।
ये सपने सोते हुए सपने को देखने से ज्यादा सुकून देता है अगर पूरा हो जाये तो।

छाया
कक्षा - आठवीं 'बी'