



NANKANA SAHIB PUBLIC SCHOOL

GILL ROAD, LUDHIANA



welcome to our

NEWSLETTER

JANUARY, FEBRUARY & MARCH

(issue: 03/2024)



EVENTS

ACHIEVEMENTS

LATEST NEWS

Editor-In-Chief: Principal Mrs Harmeet Kaur Waraich

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Message from the Principal's Desk



“ ਵਿੱਦਿਆ ਵਿਚਾਰੀ ਤਾਂ ਪਰਉਪਕਾਰੀ ”

With this vision the school has stepped into another Academic Session 2024-25. I congratulate all my students for wonderful performance in all fields. I stand with strong commitment that “My school will transform my students with knowledge and value systems.” My school is bubbling with creativity everywhere. It is great because it creates and generates students with confidence that “I can do it” and that in turn generate team spirit that “We will do it” and leads to that “My nation will do it.”

In my school, I try to develop “Five Minds” amongst my students for the future as described by Howard Gardnar.

1. The Disciplinary Mind
2. The Synthesizing Mind
3. The Creative Mind
4. The Respectful Mind
5. The Ethical Mind

At the onset my sincerest wish to all my students is to work hard and “Look to the Horizon, spread your wings, and fly.” Touch the zenith of success and make your dreams come true. All the Best to each one of you.

“God bless All.”

Harmeet Kaur Waraich

Principal

From the pen of

Editor — In - Charge

Hello 2024-2025

After the hectic examination schedule followed by annual result, we all are thrilled to embark on the new academic journey together. April –the month is an amalgam of fresh opportunities, learning and growing in tandem leading to a step towards new achievements.

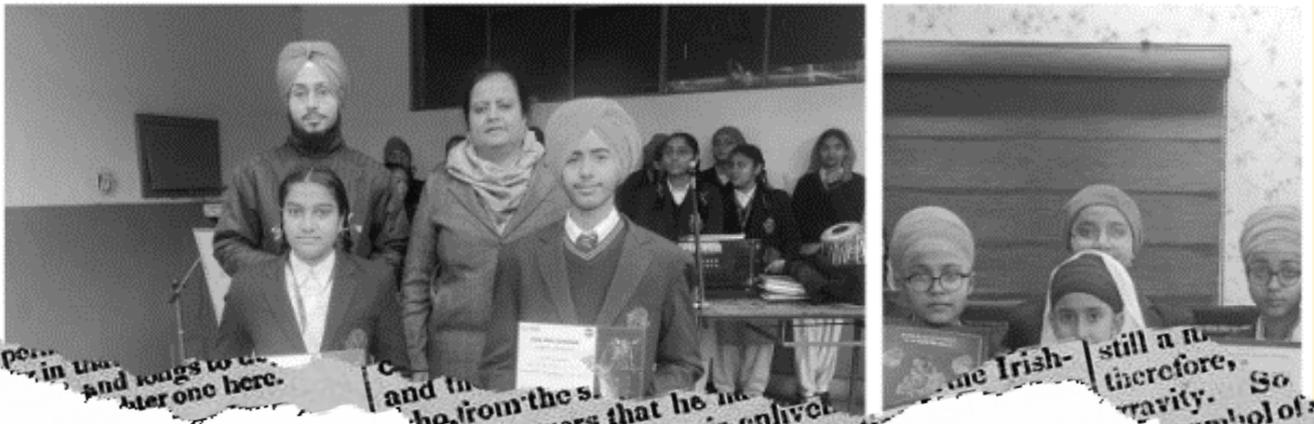
With the kickstart of this new phase of academia, all the learners are brimming with curiosity, creativity and resilience. Teaching and learning is a two way process. Phil Collins said rightly, “In learning you will teach and in teaching you will learn.” And why not as learners always have ignited minds.

With the hope that you will go down the memory lane, we are serving you on the platter -the third and last issue of previous academic session (2023-2024). May your creativity gets new wings and we continue to bring out the School Newsletter with same pace and more enthusiasm.

Anupam Bhagria

Editor- In - Charge

2024



JANUARY



JANUARY

January 15



NSPS player clinched gold in School National

A budding player of Nankana Sahib Public School Gill Road Ludhiana added another feather in his cap by clinching gold medal in 67th National School Games 2023-2024. Gurmat Singh, a student of Plus One Arts participated in Basketball U_19 for boys.

Another player Gagandeep Singh of Plus Two Arts also got selected for the National games with Gurmat Singh. Now both of them will try their skills in international school games.

Congratulating the players and teacher behind them, the school Principal Mrs Harmeet Kaur Waraich said, "The hard work, dedication for the game and persistent practice proved fruitful for them. I wish them good luck in forthcoming sports events"

NSPS students excelled in Dastar and Gurbani Kirtan

January 19



The Students of Nankana Sahib Public School Gill Park Ludhiana excelled in different events organized by Dharam Parchar Committee Amritsar. The events included Dastar and Gurbani Kirtan Competition near Pohir village Ahmedgarh, showcasing the rich cultural heritage of the Sikh community.

In the Dastar competition, Jasanpreet Singh and Karanpreet Singh from class VIII secured the third and second positions, respectively. A special Dumala competition exclusively for girls took place, where Simarpreet Kaur from VIII clinched the first position, and Tanreet Kaur from class III secured the third position. Jasanpreet received a cash prize of Rs. 1100, while Karanpreet was awarded Rs.1500 along with prestigious trophies.

Simran of Class VIII and Komal from Class VII were acknowledged for their Kavishri talents with cash prizes from the Gurdwara of Pohir Sahib. Additionally, Japneet from VIII recited a poem and received a cash prize from the Gurdwara committee.

A total of 23 students actively participated in this culturally enriching competition. The School Principal Mrs Harmeet Kaur Waraich, expressed her appreciation for the winners and provided words of encouragement to motivate them further.

NSPS player third in Badminton



A budding Badminton player of Nankana Sahib Public School Gill Park Ludhiana succeeded in clinching third position at Badminton the Everest Championship - 2024 organised by Sports Academy & Everest Yoga Institute. The event was hosted at Bal Bharti School, Ludhiana. Aashish a student of Class VI emerged victorious in it.

The School Principal Mrs Harmeet Kaur Waraich expressed her heartfelt appreciation for Aashish's achievement and acknowledged the guidance provided by the concerned teacher. She wished him many more achievements in future events.

Athletes of Nankana Sahib Public School Gill Park Ludhiana excelled in the athletic meet of Ludhiana Sahodaya Schools Complex held at DAV Public School Police Lines.

In this athletic meet, in the category of U_19 Boys, Karandeep Singh Sidhu and in U_14 Brajesh Kumar declared as best athletes.

In Under-17 Boys athletes of Nankana Sahib declared overall winner (First). However, in the U-17 Girls remained overall Second Runner's- up.

The results of different events in which athletes of NSPS scored well are as follows:

U-14 Boys: Brajesh Kumar stood first in 100 meter and 200 meters. He was declared the best athlete in this category.

In 4x100 Relay: Jasnoor Singh, Karandeep Singh, Bally and Rajveer Singh stood first.

In U_19 Boys: Husanpal Singh got third position in two events i.e. 1500 meter and Long Jump.

In U_19 Girls: Armaan Gill succeeded in scoring third position in 100 meter and 400 meters. However, Anushka got second position in Shot-Put.

4x100 Relay: Jaskaran Singh, Jashanpreet Singh, Lovepreet Singh and Husanpal Singh remained third.

NSPS excel in LSSC Athletic Meet



U-17 Boys: Jasnoor Singh remained first in 100 meter and 200 meters. However, Karandeep Singh Sidhu succeeded in clinching first position in two events i.e. 800 and 400 meter. He has also been declared the best athlete in this category. Rajveer Singh got second position in Long Jump.

In U-14 Girls: Japneet Kaur remained First in 100 meters, Vanshika second in 200 meter and Shivangi third in 800 meters.

In 4x100 Relay: Japneet Kaur, Vanshika, Shivangi and Navjot Kaur succeeded in getting second position.

January 24



NSPS student got selected for National School Games

It's a matter of great pride that a student of Nankana Sahib Public School Gill Park Ludhiana has been selected for the National School Games Gatka Championship. Gurwinder Singh, a student of class XI has been selected for this Championship in the category of Under-17.

This will be organised at Lucknow Uttar Pradesh. The school Principal congratulated the selected player and teacher behind him. She appreciated the dedication and hard work of Gurwinder Singh for Sikh Martial Art.

Republic Day celebrated at NSPS

January 26



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This will be organised at Lucknow Uttar Pradesh. The school Principal congratulated the selected player and teacher behind him. She appreciated the dedication and hard work of Gurwinder Singh for Sikh Martial Art.

January 30



NSPS students participated in NASA sponsored workshop

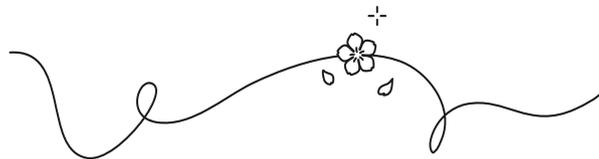
It is a matter of great proud that two students of Nankana Sahib Public School Gill Park Ludhiana participated in a NASA sponsored educational workshop. Two students namely Bikramjeet Singh and Jasmeet Dhiman of class IX have participated in the Sally Ride EarthKAM Mission 87 Workshop – a NASA-sponsored educational program at BCM Arya School, Lalton-Dolon Khurd, Ludhiana. It was an opportunity for the students to control a digital camera onboard the International Space Station (ISS).

NSPS student got consolation in Story telling competition

Amyra a class third student succeeded in getting consolation prize in the Story Telling Competition organized by Ludhiana Sahodaya Schools Complex. The students from class first to class third participated in the competition. It was held at BCM Arya Model Senior Secondary School A very confident Amyra narrated a forest-based story with well-prepared props.



January 30



FEBRUARY



FEBRUARY

NSPS students participated in interschool carnival

Five students of Nankana Sahib Public School Gill Park Ludhiana participated in the interschool e-Gaming carnival organized at BCM School Sector 32. Tanveer Singh and Harkirat Singh of class VIII, Meharjot Kaur of class IX, Triptjeet Kaur and Harkeerat Singh of Plus One participated in the Interschool e-Gaming Carnival at Munjal Birmingham City University Centre of Innovation and Entrepreneurship (MBCIE), BCM Campus, Sector 32 A, Chandigarh Road. There was a vibrant and engaging atmosphere where students could explore the potential of VR technology. It was an opportunity for the students to experience hands-on technological advancements shaping our future in a festive and interactive environment. Students could have the experience of a variety of VR games and simulations.

February 1

NSPS bids farewell to outgoing students

The school extended an enthralling farewell to its outgoing students. The celebration started with offering prayer to the Almighty through shabad. Plus Two students had a rapturous time as they were given an emotion packed send off by juniors through cultural extravaganza including songs and folk dances.

While addressing the students the school Principal Mrs. Harmeet Kaur Waraich said, "All the plus two students are going to enter in the new phase of their life i.e. of higher education. Here you will witness many challenges and opportunities which will further polish you to be a better human being. I wish all of you may earn name and fame and may bring laurels to your alma mater through your achievements."

Among boys for best attire award was given to Taranpreet Singh and the award for best turban was given to Satnam Singh. However, among girls, Amitoz Kaur Rehan fetched the award for beautiful attire. For long hair, Ekampreet Kaur got the award.



February 2

The Aksh Preet Singh and Head Girl Sehajpreet Kaur thanked the school Principal, school staff, Management and their juniors for always supporting them. The Plus Two students were decked up in the best of their attires. There came the sparkling relish in the show when the juniors played the fun loaded games with the seniors. The title of Miss Nankana was pocketed by Miss Simar Verma However Jaskaran Singh Matharoo was declared as Mr. Nankana.

Student stood second in Gatka at National level event

Proving his mettle in the field of Sikh Martial Art a student of class X of Nankana Sahib Public School Gill Park Ludhiana succeeded in

clinching second position at the national level competition. Sahibvir a student of Nankana Sahib Public School Gill Park participated in 67th National School Games Gatka Championship 2023-2024 at Durg in Chhattisgarh. It was organized by School Games Federation of India. Representing Punjab he competed in 'Single Soti' event in Under-17 category and scored second position. It needs to be mentioned here that this budding Gatka player has got coaching from Sardar Paramjeet Singh.



February 9

Two two students of Nankana Sahib Public School, Gill Park Ludhiana have been selected for an Inspire Award of rupees 10000 each for the year 2023-24 by Department of Science and Technology, National Innovation Foundation-India. Harkeerat Singh a student of class VIII and Gurmanjit Singh a student of class X have got an opportunity to prepare science project/model and to participate in the District Level Exhibition and Project Competitions (Delicacy) to be organised by District Education Authority.

The idea of both of them got selected. Sharing his splendid success Harkirat Singh said, "I sent a synopsis of the model on a plastic bottle collector vending machine. I feel that saving the future is in the hands of the younger generation and I have started working on it. I am thankful to my father Sardar Tejinder Singh and science teachers Mrs Amar preet Kaur Chawla for guidance. "

However Gurmanjit Singh who is in X standard said, "I prepared an idea for the model of Protection from floods and utilization of flood Water. I am very thankful to my science teacher Mr. Gurveer Singh for motivating and helping me through proper guidance. This idea will help to save houses from floods and storing flood water for later use. "

Two NSPS students selected for Inspire Award



February 20

NSPS students got Merit Certificates for getting positions in VVM Exam

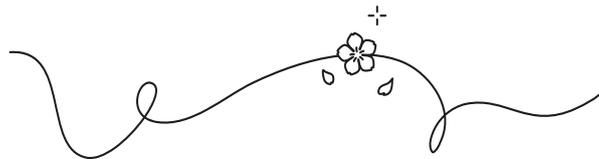
Proving their worth in academics, nineteen students of Nankana Sahib Public School Gill Park Ludhiana got merit certificates for getting positions in Vidyarthi Vigyan Manthan exam. It was an online test conducted by the Ministry of Education, Govt. of India. As many as 65 students from Class 6 to 11 from NSPS participated in the Vidyarthi Vigyan Manthan Exam conducted on October 29.

The exam included 50% syllabus from Science and Mathematics from text books, 20% questions were from Indian contribution to science, 20 % questions were from Life Story of Birbal Sahni. However, the remaining 10% were from Logic and reasoning.

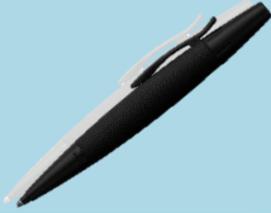
One student Gurnoor Kaur Dhindsa of Class XI Non-Medical got First position in the District Ludhiana and she got Merit certificate for the same.

The three students selected for the state level camp are Gurnoor Kaur Dhindsa of XI Non-Medical, Anureet Kaur and Harmaan Singh both from VI class and participated in State Level camp at R.S. Model Senior Secondary School, Ludhiana.

February 20



SCHOOL



NSPS

MARCH

2024

NSPS



NEWS

MARCH

NSPS Principal Felicitated on women's day

It is a matter of great pride that the Principal of Nankana Sahib Public School, Gill Park Ludhiana has been awarded with the Women Leader award by Navchetna Bal Bhalai Committee-a Non-Government Organisation. Mrs Harmeet Kaur Waraich was felicitated on the International Women Day by the NGO in a prestigious function held at Circuit House. She was awarded with a shawl and memento by Sukhdheer Singh Sekhon Founder President of the NGO.



• March 10

To commemorate Womens day, MBD Metropolis Mall facilitated five women of different districts of Punjab. The award winner personalities were from different walks of life. These included Mrs Harmeet Kaur Waraich Principal of Nankana Sahib Public School Gill Park Ludhiana, Mrs. Mridhula Jain a renowned business entrepreneur of the city, Harneet Gill from a Multinational Company, a Jalandhar city-based doctor and one more women entrepreneur.

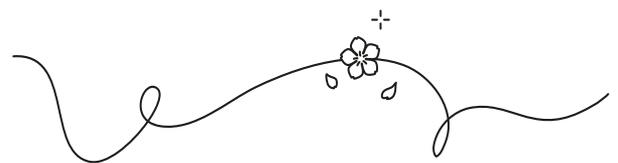
These five Women were selected out of 50 shortlisted women.

It needs to be mentioned here that Mrs Harmeet Kaur Waraich is the only academican among the five women who were felicitated on Womens Day. She has been honoured for her unparalleled contribution in the field of education.

NSPS awarded for contribution in Education



• March 12



Seminar on Remote Sensing held at NSPS

• March 23



The school organized a seminar on remote sensing. The aim was to give awareness to plus two students about remote sensing as career.

Dr Raj Setia a Senior Scientist and Group Leader of Geodata Analytics, Research and Modelling Group at Punjab Remote Sensing Centre, Ludhiana was the Resource Person. Dr Setia explained in detail about Remote sensing and functioning of satellites.

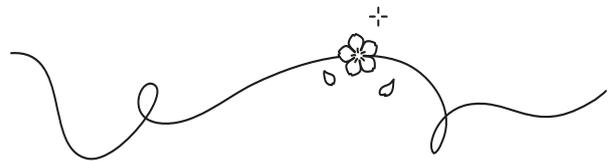
He motivated students to have good career in identifying the remote sensing profession irrespective of their stream. He exhorted students to develop skills along with academics.

NSPS organized English workshop



Nankana Sahib Public School Gill Park Ludhiana organised a workshop on Creating better learning moments for English language. Mrs Sujata Chhabra, resource person for English Language of Cambridge University Press and Assessments was the resource person. She was introduced to the teachers by the School Principal Mrs Harmeet Kaur Waraich.

• March 28



CREATIONS OF IGNITED MINDS



Time

Time waits for no one,
 Time hates no one.
 TikTok time is the same for everyone,
 The thing is how it's used by one.
 Get the skill to manage time,
 Wasting it is equal to a crime.
 Twenty-four hours a day
 Are a gift from time every day.
 You can't stop it,
 You can't reverse it,
 You can't grab it.
 Respect time now,
 Learn to manage it somehow.
 Don't waste it,
 Just make use of it.

Harveen Kaur, Vth E, Roll no. 17

PENGUINS

Penguins, Penguins, Penguins!
 Found in glaciers ruin.
 You are the king of Antarctica,
 Are you also found in America?
 You have a big black back,
 Which you use to prevent your track.
 Have a big feather with oily trim,
 Do you use it in water to swim?
 You have big white bellies;
 You have a beak that looks like orange lilies.
 Bellies help you to snow slides,
 Which looks like an amazing glide.
 Penguins, Penguins, Penguins!
 Found in glacier's ruins.
 You have a good nature,
 I hope to see you in the future.

Harman Singh

Class VI E

Story

Manu Mixes Clay and Sunshine Once upon a time, there was a boy named Manu lived with his family of potters in a village. In his family his grandfather, father, mother, and his elder sister Sushma was there. Manu didn't know how to make clay pots but was proficient in making small toys whereas Sushma was an expert in making pots. Monsoon season was a long holiday for potters.

On the first day after the monsoon season ended, Manu went to the Ghost River with his grandfather to dig clay for pots. When they reached the river, they rested under a Banyan tree and had lunch. Then they had a tete-a-tete for some time after which they dug a lot of clay and returned home. The next day, when Manu returned home from school, he helped his grandfather and father to make pots. After a few days, the pots were ready with fresh geru colour. Then they went to the city to sell their pots at a fair.

Manu rode the merry-go-round. They also bought things for everyone. Then they took a bus to return home.

So, Manu had an idea. He helped the shopkeeper in lifting heavy sacks and earn some money.

With this money, he was able to buy the beautiful umbrella for his father and was very glad. In

the end, they all reached home happy and content.

Taranjot

VII - C

My Tasty Treat

My stomach is growling,

for something to eat.

I look in the kitchen,

for a treat.

I want some salsa,

soup, salad or pasta.

With a tangy, spicy sauce

for my hunger cause.

I sprinkle some salt,

and a salami on top.

It looks very delicious and yummy.

It will go inside my tummy.

This treat is not funny,

says my health-conscious mummy!

HARKIRAT SINGH

VIII D

Wake up to reality

This world is full of greed,

Wanted to fulfill their needs

Needs are not which they require,

These are just human desires.

Where you see light and modernity in
this world

There will also be intriguing shadow

That will destroy you without you know

The wrong trust is like a product sold by
the vendors

You will have to pay it back to the
greedy lenders

'So, leave this virtual dream, and
recover from silent screams.

Tanishqpreet Singh

10 -C

PHONE

Phone is a thing used by all of us
 Never found out why it's such a big fuss.
 Instead of taking a swim or Putin to play,
 We're keeping dear people at a bay.
 Instead of taking a sleepy nap,
 We're using FB, WhatsApp, Insta and Snap.
 Using phones is a crime worse than death,
 It's the only friend that we've got left.
 Phones are an industrial psychology,
 Companies are giving out addictive technology.
 They're flooding their products to the people,
 The rich, the strong, the poor and the feeble.
 Giving electromagnetic radiation to our ears,
 Brain cancer, don't you have any fears.
 Phones are a big disease,
 Every second without it we freeze.
 In a shop, office or at home,
 No work is done without an MB Phone.
 Neither have we thought, nor have we flown,
 Just MB Phone addiction, real Target unknown

Harinayat
VIII C

Achievements and Failures

Everyone wants to succeed in life. To achieve success, the most required is time management and prioritizing your tasks and responsibilities. In student life what is the most required is keeping track of important assignments, deadlines and notes. This may involve planner, calendar and notes taking apps.

Failure comes when students do not meet their expected grades or they don't perform well in test or exam. It is important to analyze the reasons for the failure. From there, a student can learn from his mistakes and make changes in their way of study in order to achieve success in the future.

To conclude, achieving success as a student requires setting clear goals, managing time and staying organized. Learning from failure is also an important part of the process, and can help a student to improve and achieve success in the future.

Kamaljeet Singh Dhunna

10 C

Fly! Fly!! High!!!

Fly! Fly!!
High as you can
Sky is sans limit
Endlessly you can fly!!!
Fly!Fly!!
High and try to break
The barrier of horizon
And know the difference
Between the walk and run
Fly high
Where even eagle don't hum!!!
Fly! Fly!!
High and dry the sea
Of every sorrowful thought
And know the distinction
Between the write and jot
Fly high
Where the souls are taught!!!
Fly! Fly!!
High and shy not to
Be in the spotlight
Of the universal stage
And do what is right
Fly high
Above your childhood's kite!!!

My teacher

The person I am to talk about
She is my God and there is no doubt.
Helps us to fulfil our dreams
In my opinion, she is truly Supreme.
For me she brings a new ray of hope
With whom I can climb the mountain of
success
She is that rope.
When I was broken with each person's
Negative remarks.
She told me to move ahead and
Let them bark.
Always told me to be positive and
Let the negativity inside me burn
Encouraged me, motivated me, Taught
me
Did so many things for me and
Never asked me for anything in return.
She bothers for me
When no one bother
She is my God, She is my everything
As well as my second mother.
Have no more words to explain this
person.
She is pretty as flower and bright as sun.
I want to be like her
And want to have her features

She is no one else
She is my teacher

Gurleen Kaur Bhamra

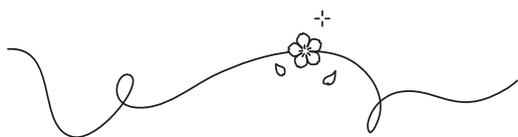
IX A

Simplicity at a glance

In every flower and morning dew,
Beneath the open, endless sky,
Where birds in harmony fly by.
The breeze whisper to leaves so green,
In the world of nature, we find our scene,
With rivers that flow and mountains so grand,
Nature's wonders, on every land.
In the simplicity of nature's grace,
We find our peace, our happy place,
For in her embrace, we're free to roam,
Nature, our eternal, earthly home.

Akashdeep Singh

IX C



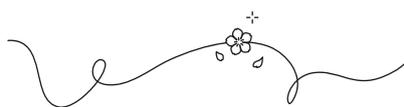
Artificial Intelligence: The Untold Story

Before 21st Century, people were engaged in their own work with great hard work. People do hard work to achieve their goals. Most of the students at that time use their brain to write letters, emails and applications. Their creativity level was mind blowing that time. Their thinking power was on great During that period of time people use to sit for hours to write letter, applications etc. But now people use AI (Artificial Intelligence) to complete their work. There are many softwares that run on AI. A software named ChatGPT is now used for writing any type of letter, application etc. It can write in any language. Most of students, workers, and people who are engaged in office works take advantage of it by writing emails etc with it .AI can be used in making web Pages, Apps, doing homework, writing e-mails, lyrics, poems, fake videos etc.

No doubt That AI is helpful But In future, AI can be very dangerous because it will take all the jobs of human. Now a days, People is using it as a fun activity. Some people also think that AI is a mastermind. It can think by its own and thinks about finishing whole human life. We should use our own brain to do our work .AI can also take our place and we will not be able to do anything to comeback. AI must be used in a proper manner otherwise it will be very dangerous. We must be aware of its Dark and bad effects.

Abhijeet Singh

IX C



The Impact of Social Media on Society

Social media has become an integral part of modern society, revolutionizing how we communicate, connect, and share information. Platforms like Facebook, Twitter and Instagram etc. have transformed the way we interact with each other and the world. While social media has brought numerous benefits, it has also raised concerns about its impact on society. This article explores the impact of social media on society, focusing on both its positive and negative consequences.

The Positive Impact

1. Global Connectivity: Social media platforms have transcended geographical boundaries, allowing individuals to connect with others worldwide.
2. Information Dissemination: social media serves as a vital platform for sharing news, knowledge, and information in real-time. It empowers individuals to stay informed various fields of interest.

3. **Social Movements:** Social media has played a pivotal role in sparking and sustaining social movements, from the Arab Spring to the #BlackLivesMatter movement.

The Negative Impact

1. **Misinformation and Fake News:** The rapid spread of misinformation and fake news on social media has led to public confusion and mistrust in traditional media outlets.

2. **Cyberbullying:** The anonymity and distance provided by social media have given rise to cyberbullying that can have severe psychological and emotional consequences, particularly among younger users.

3. **Privacy Concerns:** Data breaches, identity theft, and the misuse of personal information by tech companies have raised significant privacy concerns.

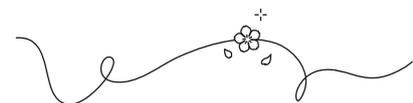
Conclusion

Social media has profoundly impacted society, both positively and negatively.

While it has enhanced global connectivity, knowledge sharing, and social activism, it has also given rise to concerns related to misinformation, privacy, and online harassment. In response, governments and legal systems are working to adapt to this rapidly changing landscape. It is crucial to continue monitoring and evaluating the impact of social media on society and to evolve the legal framework accordingly. As society grapples with these challenges, a thoughtful and balanced approach is essential to harness the benefits of social media while mitigating its negative consequences.

Gurveer Singh Sandhu

10th-A



Pleasure of Reading Books

“Reading is the Gateway skill that makes all other learning possible “

Reading books lifts us up from the harsh realities of life into the world full of imagination. The magic touch of books turns the grief into the joy, the failure into success, the pain into pleasure and the fear into hope. Reading gives us an intellectual satisfaction. One of the most significant benefits of reading is transporting yours of two different time periods. Reading improves the imagination. People who read regularly sleep better, have lower stress level, higher self-esteem and lower rate of depression. It makes us mentally strong and motivated. Reading is the best thing we can do to invest our time in something good. Reading a fictional book we get immersed in the character. That's why many books we read and many characters we live such as George. R.R. Martin said-

“A reader Lives a thousand lives before he dies The man who never reads lives only one.”

Harsimran Kaur

X-E

Never give up

Life is a journey filled with peaks and valleys, with challenges that test our resolve and setbacks that threaten to derail our dreams. In these moments of trial and tribulation, the difference between success and failure often boils down to one simple choice: the choice to persist or the choice to quit.

Let's reflect on the great minds and spirits that have left an indelible mark on the tapestry of human achievement. Think of Thomas Edison, the inventor of the light bulb. Despite facing thousands of failures in his quest, he persisted, and his resilience illuminated the world. Imagine if he had quit after the first hundred attempts, or the first thousand. The light that brightens our nights might never have graced our existence.

Consider the tenacity of Abraham Lincoln, a man who faced defeat after defeat in his political career. Each setback could have been a reason to surrender, but he held fast to the belief that quitters never win. His persistence ultimately led him to the presidency, where he steered a nation through its darkest hours.

Reflect on J.K. Rowling, a single mother who weathered rejection after rejection from publishers. Yet, she never quit and kept trying with determination. Today, her magical tales have captivated the hearts of millions worldwide.

These stories are not isolated incidents; they are chapters in a universal narrative. A narrative that extols the virtues of resilience, determination, and an unwavering commitment to one's dreams.

In your own journey, you will encounter challenges that seem insurmountable. There will be moments when the weight of the world presses down on your shoulders, and the allure of surrender may whisper in your ear. It's precisely at these crossroads that the choice becomes clear: winners never quit.

Success is not reserved for the supremely talented or the exceptionally fortunate. It is the product of sheer determination, relentless effort, and an unwillingness to bow to the naysayers or the setbacks that litter the path.

So, my friends, I implore you to carry this mantra in your hearts and minds. Let it be your guiding light in moments of darkness, your anchor in the storm. When the road ahead seems daunting, remember that 'Success comes to those who dare and act'.

Embrace the challenges, learn from the failures, and press on with an unyielding spirit. Your journey might be tough, but the destination is worth the struggle. Stand tall, stay committed, and let the world witness the triumph of a spirit that refused to quit.

Priyalpreet Singh

XI Sci. Medical

Why students are committing suicides?

Every day we hear the news of suicides done by students which is a very bad thing happening in our country. If suicides will increase day by day, then our future is in danger. It is a social evil. So, it is the responsibility of society to take out this evil from our society. Parents who invest in their children from their birth and suddenly they commit suicide. By hearing or seeing this bad news they suffer a very big loss which cannot be recovered, these students even don't think of their parents they commit suicide because of many stupid reasons such as social media, friends, depression, pressure of good marks in study and other various problems in their life.

BUT These problems can be solved by sharing their thoughts with someone whom they trust like parents, friends, teachers etc. These persons always give solution for any problem but matter is that of sharing of problem. If children start sharing their thoughts with their parents, teachers, friends etc. they will never commit suicide. So, I advise all the children to share their thoughts with someone to whom they trust. Life is very beautiful and it will never come again. So, Live it with happy and positive thoughts.

Karampreet Kaur

Plus Two commerce – B

The Beauty of Nature

Who have seen the real beauty of nature?

The trees, The insects and the colourful nature.

Snow caps on the mountain tip,

On the clear water, sailing ship.

The crushing of leaves beneath the feet,

The sharp sparkling rays of sun with heat.

The real beauty in the world is inside the nature,

Let's join our hand to save our precious nature.

Mehakdeep Kaur

X-C

Introverts and extroverts

represent two ends of the personality spectrum, each with distinct characteristics that shape how individuals engage with the world around them. Introverts, often labelled as reserved or reflective, find solace in solitude and tend to recharge through alone time. They excel in quieter settings, valuing depth in their relationships and demonstrating strengths in focused, independent work. On the other hand, extroverts thrive on social interactions, gaining energy from being in the company of others. They are typically outgoing, expressive, and energized by group activities.

Extroverts may seek external stimuli, enjoying vibrant social gatherings and frequently engaging in verbal communication to express their thoughts and ideas. While these terms provide a general framework, it's crucial to acknowledge the spectrum of personality traits within each category, and many people exhibit a combination of both introverted and extroverted tendencies, known as ambiverts. Understanding and appreciating these differences in social orientation can foster better communication and collaboration, allowing individuals to navigate various social and professional contexts with empathy and insight.

Avneet Kaur

Plus One Science Medical.

Black Holes and Interstellar Travel

The concept of using black holes for interstellar travel has long captured the imagination of both scientists and science fiction enthusiasts. In theoretical physics, black holes present fascinating possibilities, including the potential for traversable wormholes and the bending of spacetime through their gravitational pull. Wormholes, often depicted in science fiction as shortcuts through spacetime, are hypothetical tunnels that could connect distant regions of the universe. These cosmic bridges, if they exist, could offer a means of rapid transit between two separate points in spacetime, potentially enabling interstellar travel unimaginable through conventional means. However, while wormholes remain an intriguing theoretical concept derived from Einstein's general theory of relativity, their existence and stability remain purely speculative. Theoretical models suggest that traversable wormholes would require exotic forms of matter with negative energy density to keep them open and prevent their collapse.

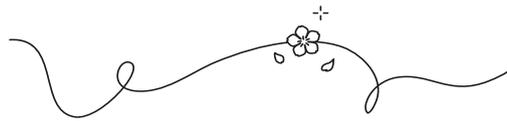
As of now, such exotic matter remains purely theoretical and has not been observed in the universe. In popular science fiction, black holes and wormholes often serve as gateways to distant galaxies or alternate universes, offering a canvas for imaginative storytelling. While these narratives capture the intrigue and possibilities of cosmic travel, they remain firmly rooted in speculative science. Scientific research continues to explore the mysteries of black holes and the fundamental laws governing spacetime. The quest to understand these phenomena not only unravels the secrets of the universe but also fuels the imagination, inspiring new ideas and

possibilities for interstellar travel, even if the realization of such methods remains firmly in the realm of scientific theory and speculation.

Name - Parleen Kaur Dahele

Class - +2 Non-Medical 'B'

Roll no. – 33



ਚੁੱਪ ਦੀ ਦੁਨੀਆਂ

ਇੱਕ ਦਿਨ ਮੈਂ ਪਟਿਆਲੇ ਤੋਂ ਲੁਧਿਆਣੇ ਦੀ ਬਸ ਚ ਆ ਰਹੀ ਸੀ। ਬੱਸ ਚ ਬਹੁਤ ਰੌਲਾ-ਰੱਪਾ ਸੀ। ਕਿਧਰੇ ਗਾਣਿਆਂ ਦਾ ਤੇ ਕਿਧਰੇ ਫੋਨ ਤੇ ਲੋਕਾਂ ਦਾ। ਮੇਰੇ ਸਾਹਮਣੇ ਵਾਲੀ ਸੀਟ ਤੇ ਆਪਣੀ ਮਾਂ ਦੀ ਗੋਦ ਚ ਬੱਚਾ ਬੈਠਾ ਸੀ। ਬਹੁਤ ਹੀ ਸੋਹਣਾ ਸ਼ਾਇਦ ਅਜੇ ਛੇ ਮਹੀਨੇ ਦਾ ਹੋਣਾ, ਨੂੰਗਾਰੇ ਭਰ ਰਿਹਾ ਸੀ।

ਮੇਰਾ ਧਿਆਨ ਮੱਲੋਮੱਲੀ ਬੱਚੇ ਦੇ ਨੂੰਗਾਰੇ ਆਪਣੇ ਵੱਲ ਖਿੱਚ ਰਹੇ ਸੀ। ਉਸਦਾ ਪਿਤਾ ਵੀ ਇਸ਼ਾਰਿਆਂ ਨਾਲ ਉਸ ਨਾਲ ਖੇਡ ਰਿਹਾ ਸੀ। ਫਿਰ ਮੈਂ ਦੇਵੇਂ ਜਣੇ ਆਪਸ ਚ ਗੱਲ ਕਰਦੇ ਵੇਖੇ। ਮੈਂ ਉਹਨਾਂ ਦੀਆਂ ਚੁੱਪ ਭਰੀਆਂ ਗੱਲਾਂ ਵੇਖਕੇ ਮਨ ਵਿੱਚ ਇਕ ਦਰਦ ਭਰਿਆ ਅਹਿਸਾਸ ਹੋਇਆ ਕਿ ਅੱਜ ਦੀ ਇਸ ਰੌਲੇ-ਰੱਪੇ ਦੀ ਭੀੜ ਵਿੱਚ ਉਹ ਵੀ ਦੇ ਜਾਣੇ ਸੀ ਜੇ ਖਾਮੋਸ਼ੀ ਦੀ ਦੁਨੀਆਂ ਵਿੱਚ ਆਪਣੀ ਦੁਨੀਆਂ ਸਿਰਜੀ ਬੈਠੇ ਸੀ।

ਬੱਚੇ ਨਾਲ ਇਸ਼ਾਰਿਆਂ ਚ ਹੀ ਆਪਣੇ ਜੀਵਨ ਚ ਬਹੁਤ ਖੁੱਸ਼ ਲਗਦੇ ਸੀ।

ਬਹੁਤ ਹੀ ਸ਼ਾਂਤ ਠਨੂੰਮੇ ਵਾਲੇ ਲਗਦੇ ਸੀਤੇ ਇਕ ਅਸੀਂ ਹਾਂ ਜੇ ਇਸ ਰੌਲੇ-ਰੱਪੇ ਵਿੱਚ ਆਪਣੇ ਮਨ ਦੀ ਸ਼ਾਂਤੀ ਗਵਾਈ ਬੈਠੇ ਹਾਂ ।।

ਸਵਰਨਜੀਤ ਕੌਰ

ਐਮ -ਏ(ਪੰਜਾਬੀ), ਐਮ. ਐੱਡ

ਲਾਇਬ੍ਰੇਰੀ (ਲੇਖ)

ਜਿਵੇਂ ਮਨੁੱਖੀ ਸਰੀਰ ਨੂੰ ਤੰਦਰੁਸਤ ਰੱਖਣ ਲਈ ਸੰਤੁਲਿਤ ਭੋਜਨ ਦੀ ਲੋੜ ਹੁੰਦੀ ਹੈ ਉਸੇ ਤਰ੍ਹਾਂ ਹੀ ਮਾਨਸਿਕ ਤੰਦਰੁਸਤੀ ਲਈ ਗਿਆਨ ਦੀ ਜ਼ਰੂਰਤ ਹੁੰਦੀ ਹੈ। ਇਹ ਗਿਆਨ ਸਾਨੂੰ ਮਾਪਿਆ, ਅਧਿਆਪਕਾਂ ਜਾਂ ਫਿਰ ਪੁਸਤਕਾਂ ਤੋਂ ਪ੍ਰਾਪਤ ਹੁੰਦਾ ਹੈ। ਲਾਇਬ੍ਰੇਰੀ ਵਿੱਚ ਅਲੱਗ ਅਲੱਗ ਵਿਸ਼ਿਆਂ ਨਾਲ ਸੰਬੰਧਿਤ ਪੁਸਤਕਾਂ ਵਿਸ਼ੇਸ਼ ਤਰਤੀਬ ਨਾਲ ਰੱਖੀਆਂ ਹੁੰਦੀਆਂ ਹਨ। ਸਾਡੇ ਦੇਸ਼ ਵਿੱਚ ਲਾਇਬ੍ਰੇਰੀ ਦੀ ਪਰੰਪਰਾ ਬਹੁਤ ਪੁਰਾਣੀ ਹੈ। ਭਾਰਤ ਦੀਆਂ ਨਲੰਦਾ, ਤਕਸ਼ਲਾ ਯੂਨੀਵਰਸਿਟੀਆਂ ਦੀਆਂ ਲਾਇਬ੍ਰੇਰੀਆਂ ਪੂਰੇ ਦੁਨੀਆ ਵਿੱਚ ਪ੍ਰਸਿੱਧ ਹਨ। ਲਾਇਬ੍ਰੇਰੀ ਵਿੱਚ ਆਮ ਤੌਰ ਤੇ ਦੋ ਭਾਗ ਹੁੰਦੇ ਹਨ ਇਕ ਭਾਗ ਵਿੱਚ ਰੋਜ਼ਾਨਾ ਅਖਬਾਰ, ਸਪਤਾਹਿਕ ਅਖਬਾਰ ਅਤੇ ਮਹੀਨਾਵਾਰ ਤ੍ਰੈ ਮਾਸੀਕ ਜਾਂ ਛਿਮਾਹੀ ਛਪਣ ਵਾਲੇ ਰਸਾਲੇ ਹੁੰਦੇ। ਅਖਬਾਰਾਂ ਤੋਂ ਸਾਨੂੰ ਰੋਜ਼ਾਨਾ ਵਾਪਰਨ ਵਾਲੀਆਂ ਘਟਨਾਵਾਂ ਬਾਰੇ ਤਾਜ਼ੀ ਜਾਣਕਾਰੀ ਮਿਲਦੀ ਹੈ। ਦੂਜੇ ਭਾਗ ਵਿੱਚ ਵੱਖ ਵੱਖ ਵਿਸ਼ਿਆਂ ਵੱਖ ਵੱਖ ਵਿਸ਼ਿਆਂ ਅਤੇ ਸਾਹਿਤ ਨਾਲ ਸੰਬੰਧਿਤ ਵੱਖ ਵੱਖ ਤਰ੍ਹਾਂ ਦੀਆਂ ਪੁਸਤਕਾਂ ਹੁੰਦੀਆਂ ਹਨ ਹਨ। ਪਾਠਕ ਆਪਣੀ ਰੁਚੀ ਅਨੁਸਾਰ ਅਨੁਸਾਰ ਇਥੋਂ ਕਿਤਾਬ ਪੁਸਤਕਾਂ ਲੈ ਕੇ ਪੜ੍ਹ ਸਕਦੇ ਹਨ। ਸਾਰੇ ਬੱਚੇ ਲਾਇਬ੍ਰੇਰੀ ਵਿੱਚ ਜਾਂਦੇ ਹਨ ਅਤੇ ਆਪਣੀ ਰੁਚੀ ਅਨੁਸਾਰ ਪੁਸਤਕਾਂ ਪੜ੍ਹਦੇ ਹਨ। ਮੈਨੂੰ ਮੇਰੇ ਸਕੂਲ ਦੀ ਲਾਇਬ੍ਰੇਰੀ ਬਹੁਤ ਪਸੰਦ ਹੈ।

ਹਰਸੀਰਤ ਕੌਰ

ਜਮਾਤ-ਚੌਥੀ ਡੀ

ਬੁਝਾਰਤਾਂ

1. ਹਰੀ ਸੀ ਮਨ ਭਰੀ ਸੀ ਲਾਲਾ ਜੀ ਦੇ ਬਾਗ ਵਿੱਚ ਦੁਸ਼ਾਲਾ ਲੈ ਕੇ ਖੜੀ ਸੀ।
 2. ਮੈਂ ਹਾਂ ਸੋਹਣੀ ਰੰਗ ਬਰੰਗੀ ਅਤੇ ਚਿੱਟੀ ਖੁਸ਼ੀਆਂ ਵਿੱਚ ਮੈਂ ਸਭ ਦੇ ਨਾਲ ਬੱਚੇ ਕਰਨ ਮੈਨੂੰ ਪਿਆਰ ਤੀਲੀ ਜਲਾ ਕੇ ਖੁਸ਼ ਹੁੰਦੇ ਸਭ ਪਰ ਮੈਂ ਰੌਂਦੀ ਤਪ ਟਪ ਟਪ ਬੁਝੇ ਤਾਂ ਜਾਣੇ।
 3. 12 ਭਾਈ ਇਕ ਰਜਾਈ ਦੱਸੋ ਕੀ?
 4. ਪੈਰ ਨਹੀਂ ਫਿਰ ਵੀ ਚਲਦੀ ਆਂ ਦੱਸੋ ਭਲਾ ਮੈਂ ਕੌਣ ਆਂ?
 5. ਰੰਗ ਹੈ ਮੀਰਾ ਕਾਲਾ ਚਾਨਣ ਵਿੱਚ ਦਿਖਾਈ ਦੇਵਾਂ ਹਨੇਰੇ ਵਿੱਚ ਲੁਕ ਜਾਵਾਂ। ਦੱਸੋ ਭਲਾ ਮੈਂ ਕੌਣ ਆਂ ?
1. ਛੱਲੀ, 2. ਮੋਮਬੱਤੀ, 3. ਸੰਤਰਾ, 4. ਪਰਛਾਵਾਂ ਨੀ

ਨਾਮ - ਨਿਮਰਤ ਕੌਰ

ਜਮਾਤ ਤੀਜੀ 'ਈ'

ਪਰਿਵਾਰ ਪਹਿਲਾਂ ਆਉਂਦਾ ਹੈ

ਸਾਡੇ ਸਾਰਿਆਂ ਦੇ ਜੀਵਨ ਵਿੱਚ ਪਰਿਵਾਰ ਪਹਿਲੇ ਨੰਬਰ ਤੇ ਆਉਂਦਾ ਹੈ |ਪਰਿਵਾਰ ਤੋਂ ਬਿਨਾਂ ਸੁਖੀ ਜੀਵਨ ਦੀ ਕਲਪਨਾ ਨਹੀਂ ਕੀਤੀ ਜਾ ਸਕਦੀ| ਦੇਸਤ ਤਾਂ ਅਸੀਂ ਆਪਣੀ ਮਰਜ਼ੀ ਨਾਲ ਲੱਭ ਲੈਂਦੇ ਹਾਂ ਪਰ ਪਰਿਵਾਰ ਪਰਮਾਤਮਾ ਦੀ ਦੇਣ ਹੈ। ਜ਼ਿੰਦਗੀ ਨੂੰ ਚੰਗੀ ਤਰ੍ਹਾਂ ਜਿਉਣ ਦਾ ਤਰੀਕਾ ਸਿਰਫ ਸਕੂਲ ਵਿੱਚ ਹੀ ਨਹੀਂ ਸਗੋਂ ਪਰਿਵਾਰ ਵਿੱਚ ਵੀ ਮਿਲਦਾ ਹੈ |ਜਿਹੜੇ ਪਰਿਵਾਰ ਵਿੱਚ ਏਕਤਾ ਅਤੇ ਪਿਆਰ ਹੁੰਦਾ ਹੈ, ਉਸਦੇ ਮੈਂਬਰਾਂ ਦੀ ਜ਼ਿੰਦਗੀ ਸਫਲ ਹੁੰਦੀ ਹੈ ਅਤੇ ਉਹ ਔਖੀ ਤੋਂ ਔਖੀ ਘੜੀ ਦਾ ਸਾਹਮਣਾ ਬਹੁਤ ਆਸਾਨੀ ਨਾਲ ਕਰ ਲੈਂਦੇ ਹਨ। ਇਹ ਗੱਲ ਹਮੇਸ਼ਾ ਯਾਦ ਰੱਖੋ ਕਿ ਸਾਡਾ ਪਰਿਵਾਰ ਹੀ ਸਾਡੀ ਤਾਕਤ, ਮਾਣ ਅਤੇ ਭਰੋਸਾ ਹੁੰਦਾ ਹੈ |ਪਰਿਵਾਰ ਵਿੱਚ ਹਮੇਸ਼ਾ ਪਿਆਰ ਵਾਲੀ ਗੱਲਬਾਤ ਹੋਣੀ ਚਾਹੀਦੀ ਹੈ ਨਾ ਕਿ ਨਫਰਤ ਵਾਲੀ| ਪਰ ਅੱਜ ਕੱਲ ਤਾਂ ਸਾਰੇ ਆਪੋ-ਆਪਣੀ ਜ਼ਿੰਦਗੀ ਵਿੱਚ ਇੰਨੇ ਰੁੱਝੇ ਹੋਏ ਹਨ ਕਿ ਕਿਸੇ ਕੋਲ ਇੱਕ ਦੂਜੇ ਲਈ ਸਮਾਂ ਹੀ ਨਹੀਂ ਹੈ ਸਾਰੇ ਆਪੋ- ਆਪਣੇ ਮੋਬਾਈਲ ਫੋਨ ਲੈ ਕੇ ਬੈਠੇ ਰਹਿੰਦੇ ਹਨ ਅਤੇ ਇੱਕ ਦੂਜੇ ਨਾਲ ਗੱਲ ਵੀ ਨਹੀਂ ਕਰਦੇ ਜੇ ਕੋਈ ਕੁਝ ਪੁੱਛ ਲਵੇ ਤਾਂ ਬੋਲ ਪੈਂਦੇ ਹਨ ਨਹੀਂ ਤਾਂ ਚੁੱਪ ਰਹਿੰਦੇ ਹਨ| ਸੋ ਅੱਜ ਦੇ ਸਮੇਂ ਪਰਿਵਾਰ ਦੇ ਮੈਂਬਰਾਂ ਨੂੰ ਇੱਕ ਦੂਜੇ ਲਈ ਸਮਾਂ ਵੀ ਜ਼ਰੂਰ ਕੱਢਣਾ ਚਾਹੀਦਾ ਹੈ ਅਤੇ ਭਾਵਨਾਵਾਂ ਦੀ ਕਦਰ ਵੀ ਕਰਨੀ ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਜੋ ਇੱਕ ਚੰਗੇ ਘਰ - ਪਰਿਵਾਰ ਅਤੇ ਸਮਾਜ ਦੀ ਸਿਰਜਣਾ ਹੋ ਸਕੇ|

ਧੰਨਵਾਦ |

ਨਾਮ - ਗੁਰਨੂਰ ਕੌਰ

ਜਮਾਤ - ਸੱਤਵੀਂ 'ਬੀ'

ਮੇਰੀ ਮਾਂ

ਇਸ ਦੁਨੀਆਂ ਵਿੱਚ ਸਭ ਤੋਂ ਅਸਾਨ ਅਤੇ ਅਨਮੋਲ ਸ਼ਬਦ ਹੈ - ਮਾਂ। ਮਾਂ ਇੱਕ ਮਾਤਰ ਇਹੋ-ਜਿਹਾ ਸ਼ਬਦ ਹੈ, ਜਿਸ ਨੂੰ ਕਿਸੇ ਪਰਿਭਾਸ਼ਾ ਦੀ ਲੋੜ ਨਹੀਂ ਹੈ। ਕਿਉਂਕਿ ਇਹ ਸ਼ਬਦ ਨਹੀਂ ਅਹਿਸਾਸ ਹੈ। ਮਾਂ ਪਿਆਰ, ਤਿਆਗ ਅਤੇ ਸੇਵਾ ਦੀ ਮੂਰਤੀ ਹੈ। ਮਾਂ ਨੂੰ ਰੱਬ ਦਾ ਦਰਜਾ ਦਿੱਤਾ ਗਿਆ ਹੈ। ਸੱਚਮੁੱਚ ਹੀ ਮਾਂ ਰੱਬ ਦਾ ਰੂਪ ਹੁੰਦੀ ਹੈ।

ਮੇਰੀ ਮਾਂ ਦਾ ਨਾਮ ਦੁਰਗਾ ਵਤੀ ਹੈ। ਮੇਰੀ ਮਾਂ, ਮੇਰੀ ਗੁਰੂ ਅਤੇ ਸਭ ਤੋਂ ਚੰਗੀ ਦੇਸਤ ਹੈ। ਉਹ ਮੈਨੂੰ ਪੜ੍ਹਾਈ ਦੇ ਨਾਲ - ਨਾਲ ਨੇਕੀ ਦੇ ਰਸਤੇ ਉਪਰ ਚੱਲਣ ਦੀ ਸਿੱਖਿਆ ਦਿੰਦੀ ਹੈ। ਮੇਰੀ ਮਾਂ ਮੇਰੀ ਮਨ ਦੀ ਹਰ ਗੱਲ ਜਾਣ ਲੈਂਦੀ ਹੈ। ਉਹ ਮੇਰੇ ਹਰ ਗਮ ਦੁੱਖ 'ਚ ਸਾਥ ਦਿੰਦੀ ਹੈ। ਮੈਨੂੰ ਮੇਰੀ ਮਾਂ ਤੇ ਬਹੁਤ ਮਾਣ ਹੈ।

ਅਦਿਤਿਆ

ਜਮਾਤ ਤੀਜੀ- ਜੀ

ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ

ਵਾਹ ਵਾਹ ਗੋਬਿੰਦ ਸਿੰਘ ਤੇਰੀ ਲੀਲਾ ਅਪਰ ਅਪਾਰ, ਦੇਸ਼ ਕੌਮ ਦੇ ਵਾਸਤੇ ਵਾਰ ਦਿੱਤਾ ਪਰਿਵਾਰ।

ਖੂਨੇ ਖੂਨ ਹੋ ਗਈ ਚਮਕੌਰ ਦੀ ਧਰਤੀ, ਤੇਰੀਆਂ ਸ਼ਹਾਦਤਾਂ ਨਾਲ ਤੂੰ ਸਿੱਖੀ ਅਮਰ ਕਰਤੀ।

ਜਦ ਪੁੱਤ ਸੀ ਪਿਓ ਵਾਰਿਆ, ਜਦ ਪਿਓ ਸੀ ਤਦ ਪੁੱਤ, ਜਦ ਵਿਛੜਿਆ ਸੀ ਪਰਿਵਾਰ ਤਦ ਬਦਲੀ ਸੀ ਰੁੱਤ।

ਜਦ ਤੇਰੇ ਸਿੰਘ ਭੁੰਜੇ ਸੇਏ ਸੀ ਤਦ ਬੱਦਲ ਵੀ ਰੋਏ ਸੀ, ਚੱਲੀ ਨਾ ਕੋਈ ਗਲਤ ਚਾਲ ਸਾਡੇ ਪਿੱਛੇ ਵਾਰੇ ਚਾਰੇ ਲਾਲ।

ਕਦੇ ਰੋਇਆ ਨਾ ਵਾਰ ਕੇ ਪਰਿਵਾਰ, ਉਸ ਰੱਬ ਨੂੰ ਸਦਾ ਮੰਨਿਆ ਆਪਣਾ ਯਾਰ।

ਸਦਾ ਸ਼ੁਕਰਾਨਾ ਕੀਤਾ ਰੱਬ ਦਾ, ਜੋ ਪਹਿਰੇਦਾਰ ਹੈ ਸਭ ਦਾ।

ਸੋਚਿਆ ਤਾਂ ਹੋਣਾ ਕਿਤੇ ਛੋਟੇ ਹਾਰੇ ਤਾਂ ਨਹੀਂ ਸੋਚਿਆ ਤਾਂ ਹੋਣਾ ਕੀ ਪਤਾ ਹੁਣ ਤਾਰੇ ਤਾਂ ਨਹੀਂ।

ਭੇਜੀ ਔਰੰਗਜ਼ੇਬ ਨੂੰ ਜਦ ਚਿੱਠੀ ਸੀ, ਭਾਸ਼ਾ ਉਹਦੇ ਵਿੱਚ ਵੀ ਲਿਖੀ ਮਿੱਠੀ ਸੀ।

ਕਦੇ ਵੈਰੀ ਨੂੰ ਨੀਚ ਨਾ ਦਿਖਾਇਆ, ਗੋਬਿੰਦ ਸਿੰਘ ਤੋਂ ਇੱਕ ਹੋਰ ਜੰਗ ਜਿੱਤ ਆਇਆ।

ਨਾਮ - ਜਪਨੀਤ ਕੌਰ

ਜਮਾਤ ਅੱਠਵੀਂ ਸੀ

ਕੁਦਰਤ

ਕੁਦਰਤ ਦੇ ਰੰਗ ਨੇ ਨਿਆਰੇ , ਲੱਗਦੇ ਨੇ ਸਭ ਨੂੰ ਪਿਆਰੇ ।

ਔਰਤ, ਬੁੱਢੇ, ਬੱਚੇ, ਜਵਾਨ,....ਕੁਦਰਤ ਨੂੰ ਕਰਦੇ ਸਭ ਪਿਆਰ।

ਚੀ - ਚੀ ਕਰੇ ਚਿੜੀਆ ਜਿੱਧਰ,....ਹਰਿਆਲੀ ਹੀ ਹੋਵੇ ਉਧਰ।

ਪਾਣੀ ਵੀ ਹੈ ਇਕ ਸਮਾਨ,... ਕੁਦਰਤ ਦਾ ਹੈ ਇਹ ਇਕ ਭਾਗ।

ਪਾਣੀ ਬੁਝਾਵੇ ਸਭ ਦੀ ਪਿਆਸ,.... ਆਓ ਮਿਲਕੇ ਕਰੀਏ ਕੁਦਰਤ ਨੂੰ ਪਿਆਰ ।

ਆਓ ਮਿਲ ਕੇ ਕਰੀਏ ਕੁਦਰਤ ਨੂੰ ਪਿਆਰ...।

ਏਕਨੂਰ , ਜਪਸਿਮਰਨ

ਸੱਤਵੀਂ ਈ

ਕਿੰਝ ਮੈ ਨਵਾਂ ਸਾਲ ਮਨਾਵਾਂ

ਕਈ ਨਵੀਆਂ ਉਮੀਦਾਂ ਦੇ ਰਾਹ ਖੁੱਲਣਗੇ,

ਕਈ ਪੁਰਾਣੀਆਂ ਉਮੀਦਾਂ ਛੁੱਟਣਗੀਆਂ ,

ਕਈ ਪਿਆਰੇ ਮੁੜ ਮਿਲਣਗੇ, ਕਈ ਪਿਆਰੇ ਛੁੱਟਣਗੇ,

ਕਈ ਪਿਆਰੇ ਕੁੱਝ ਨਫ਼ਰਤ ਵੀ ਲੁਟਾਉਣ ਗੇ,

ਇਸ ਤਰਾ ਸਮਝ ਹਰ ਦਿਨ ਨਵਾਂ ਸਾਲ ਮਨਾਵਾਗੇ।

ਉਮੀਦਾਂ ਦੇ ਸਿਖਰਾਂ ਤੱਕ ਪਹੁੰਚਣਾ, ਜੇਰ ਇਨਾ ਲਗਾਉਣਾ ਉਮੀਦ ਵੀ ਆਖੇ, ਮੈਂ ਏਸੇ ਕੋਲ ਜਾਣਾ, ਇਸ ਤਰਾਂ ਸਮਝ ਹਰ ਦਿਨ ਨਵਾਂ ਸਾਲ ਮਨਾਉਣਾ।

ਆਪਣਿਆ ਤੋਂ ਨਾ ਮੈਂ ਕਦੇ ਵੱਖ ਹੋਵਾਂ , ਜੇ ਦਿੱਤਾ ਪਿਆਰ ਉਸ ਨੂੰ ਸਿਖਰ ਪਹੁੰਚਾਵਾਂ ।

ਜੇ ਹੋਵੇ ਲੋੜ ਕਿਸੇ ਨੂੰ, ਗੁਰਪ੍ਰੀਤ ਵਾਹਿਗੁਰੂ ਦੀ ਓਹ ਕੌਰ ਅਖਾਵਾਂ, ਮੇਰੇ ਦਿਲ ਵਿਚ ਕੋਈ ਖੋਟ ਨਾ ਦਿੱਸੇ, ਆਪਣਿਆ ਨੂੰ ਮੈਂ ਹਰ ਗੱਲ ਸਮਝਾਵਾਂ , ਇਸ ਤਰਾਂ ਸਮਝ ਹਰ ਦਿਨ ਨਵਾਂ ਸਾਲ ਮਨਾਵਾਂ।

ਚੰਗੀ ਸਿੱਖਿਆ ਦੇ ਬੱਚਿਆਂ ਨੂੰ, ਗੁਰੂ ਸਾਹਿਬ ਦੇ ਲੜ ਲਾਵਾਂ, ਗੁਰਬਾਣੀ ਸਿਖੋਂਦੀ ਜਾਂਚ ਜਿੰਦਗੀ ਦੀ, ਇਸ ਨੂੰ ਜਿੰਦਗੀ ਦਾ ਦਸਤੂਰ ਬਣਾਵਾਂ, ਇਸ ਤਰਾਂ ਸਮਝ ਹਰ ਦਿਨ ਨਵਾਂ ਸਾਲ ਮਨਾਵਾਂ।

“ਚੱਲ ਉੱਠ ਸੱਜਣਾ,
ਫੜ ਨਵੀਆਂ ਰਾਹਾਂ,
ਕੁਝ ਖੱਟੀਆ, ਕੁਝ ਮਿੱਠੀਆ, ਕੁਝ ਗੁਜੀਆ, ਕੁਝ ਪਿਆਰੀਆ ਰਾਹਾਂ ਪਾਵਾਂ ”
ਇਸ ਤਰਾਂ ਸਮਝ ਹਰ ਦਿਨ ਗੁਰਪ੍ਰੀਤ ਨਵਾਂ ਸਾਲ ਮਨਾਵਾਂ।

ਗੁਰਪ੍ਰੀਤ ਕੌਰ, ਕਲਰਕ।

ਚੰਗਾ ਆਚਰਣ

ਚੰਗਾ- ਆਚਰਣ ਹੀ ਮਨੁੱਖ ਦੀ ਅਸਲੀ ਪਹਿਚਾਣ ਕਰਾਉਂਦਾ ਹੈ। ਆਚਰਣ ਜੀਵਨ -ਜੀਣ ਦਾ ਇੱਕ ਸੱਭਿਅਕ ਤਰੀਕਾ ਹੈ। ਇਸ ਵਿੱਚ ਸਿਰਫ ਚੰਗੀ ਦਿਖ ਹੀ ਨਹੀਂ, ਬਲਕਿ ਸਾਡੀ ਭਾਸ਼ਾ, ਬੋਲਣ ਦਾ ਲਹਿਜਾ, ਨਿਮਰਤਾ ਆਤਮ ਵਿਸ਼ਵਾਸ ਅਤੇ ਕਿਸੇ ਵੀ ਮੁੱਦੇ ਪ੍ਰਤੀ ਸਾਡਾ ਨਿੱਜੀ ਨਜ਼ਰੀਆ ਆਦਿ ਸ਼ਾਮਿਲ ਹੁੰਦੇ ਹਨ। ਵਧੀਆ ਅਤੇ ਉੱਚਾ ਸੁੱਚਾ ਆਚਰਣ ਸਾਨੂੰ ਦੂਜਿਆਂ ਨੂੰ ਪ੍ਰਭਾਵਿਤ ਕਰਨ ਦਾ ਅਤੇ ਸਭ ਦੇ ਦਿਲ ਵਿੱਚ ਵਿਚ ਉਤਰ ਸਕਣ ਦਾ ਬਲ ਦਿੰਦਾ ਹੈ। ਜਦ ਕਿ ਸਾਡਾ ਮਾੜਾ ਵਰਤਾਓ ਕਿਸੇ ਦੇ ਦਿਲ ਨੂੰ ਠੇਸ ਪਹੁੰਚਾ ਸਕਦਾ ਹੈ। ਸਾਡਾ ਚੰਗਾ ਵਿਵਹਾਰ ਸਾਡੀ ਚੰਗੀ ਪਰਵਰਿਸ਼ ਦਾ ਨਤੀਜਾ ਹੁੰਦਾ ਹੈ। ਸੋ ਸਾਨੂੰ ਸਮਾਜ ਦਾ ਹਿੱਸਾ ਹੋਣ ਨਾਤੇ ਬੱਚਿਆਂ ਵਿੱਚ ਵਧੀਆ ਆਦਤਾਂ, ਉੱਚੀ ਸੋਚ ਅਤੇ ਚੰਗੇ ਗੁਣਾਂ ਨੂੰ ਪ੍ਰਫੁੱਲਿਤ ਕਰਨ ਵਿੱਚ ਆਪਣਾ ਯੋਗਦਾਨ ਪਾਉਣਾ ਚਾਹੀਦਾ ਹੈ।

**ਕੁੰਵਰਉਦੈਵੀਰ ਸਿੰਘ,
ਜਮਾਤ - ਤੀਜੀ ਐੱਫ**

ਦਸ਼ਮੇਸ਼ ਪਿਤਾ

ਕਲਗੀ ਵਾਲਿਆ ਪੰਥ ਦੇ ਜਨਮ- ਦਾਤਾ,
ਕਿਵੇਂ ਕਰਾਂ ਮੈਂ ਚੋਜ ਬਿਆਨ ਤੇਰੇ।
ਵਰਕੇ ਜਦੋਂ ਇਤਿਹਾਸ ਦੇ ਫੇਲਦੀ ਹਾਂ,
ਚਮਕਣ ਅੱਖਰਾਂ ਚੋਂ ਬਲੀਦਾਨ ਤੇਰੇ।
ਦੁਸ਼ਟ ਜੱਗ ਤੋਂ ਸਦਾ ਮੁਕਾਉਣ ਦੇ ਲਈ,
ਤਣੇ ਰਹਿੰਦੇ ਸੀ ਤੀਰ ਕਮਾਣ ਤੇਰੇ।
ਹਰੀ ਚੰਦ ਵਰਗੇ ਯੋਧੇ ਮੁਕਤ ਹੋ ਗਏ,

ਖਾ ਕੇ ਵਿੱਚ ਕਲੇਜੇ ਦੇ ਬਾਣ ਤੇਰੇ।
ਡੰਕੇ ਦੀ ਮਾਰ ਤੇ ਜਦ ਨਿਕਲਦਾ ਸੈ,
ਹੱਥ ਆਉਂਦੇ ਸੀ ਰਣ ਮੈਦਾਨ ਤੇਰੇ।
ਪੁੱਤਰਾਂ ਤਾਈ ਸ਼ਹੀਦ ਕਰਵਾਉਣ ਵਾਲੇ,
ਗੁਣ ਗਿਣੇ ਅਣਗਿਣਤ ਅਹਿਸਾਨ ਤੇਰੇ।

**ਦਰਸ਼ਨੁਰ ਕੌਰ
ਜਮਾਤ ਛੇਵੀਂ 'ਈ'**

In the loving memory of

The winds blew even that day but seemed to be dry, not helped the buds to bloom Perhaps hinted towards the harsh weather. And why not when their caretaker (Mali) Lal Singh was struggling for the grasp of last breath. Leaving behind the trail of his good deeds Lal Singh left for the heavenly abode on February 18 .

As usual the sun rose to spread its rays but the warmth was missing. The school lawns which bloomed with flowers, green herbs and shrubs in the hands of our Gardener Lal Singh seemed to be despondent. Lal Singh joined our school in April 2011. Hailing from Uttar Pradesh Nankana Sahib Public School Gill Park was the second home for Lal Singh. He was observed totally engrossed in his work while maintaining the plants irrespective of the noise of surroundings. For him a hot cup of tea could wait but watering a plant couldn't. So was his spirit of dedication. To wish any female staff member his standard way was, "Madam Saab! Sat Shri Akal."

Perhaps he was the one who could see a budding child in every plant. Perhaps the famous lines of John Keats,

"And such too is the grandeur of the dooms

We have imagined for the mighty dead;

All lovely tales that we have heard or read;"

are befitting tribute for him.

